

International Medical Corps

Ukraine

More than four years since Russia's full-scale invasion in February 2022, 3.6 million people in Ukraine remain internally displaced and 5.7 million are registered as refugees abroad. The United Nations reports more than 16,000 civilian deaths and more than 50,000 injured since the escalation of conflict began.

International Medical Corps has worked in Ukraine since 1999 and has maintained a continuous presence since 2014. In response to the 2022 invasion, we rapidly scaled up operations across the country and now focus on providing emergency and primary healthcare, mental health and psychosocial support (MHPSS), protection services, rehabilitation of healthcare facilities, and water, sanitation and hygiene (WASH) services.

To strengthen the health system, we distribute medicines and medical supplies, rehabilitate damaged health facilities and train health workers in trauma care, MHPSS and other critical skills. Our WASH team provides access to safe water and distributes hygiene and infection prevention-and-control (IPC) kits. We provide protection services in coordination with government authorities and local partners.

Since February 2022, we have reached more than 14 million Ukrainians with lifesaving supplies, health services and training.





Strengthening Healthcare

Amid the ongoing conflict, accessing quality healthcare remains challenging, particularly in frontline and conflict-affected areas.

International Medical Corps continues to respond to critical health needs while strengthening health-system resilience and recovery. We provide essential primary and higher-level healthcare, emergency and trauma care, referral systems, and preparedness for mass-casualty incidents and other health emergencies.

To support national healthcare priorities and ongoing health-sector reforms, we work closely with government institutions, providing technical assistance and strengthening institutional workforce capacity. We are committed to a locally led response and have partnered with 30 national and local nongovernmental organizations across 15 oblasts since February 2022, strengthening local leadership.

We also focus on physical rehabilitation, promoting early rehabilitation in acute inpatient care. And as part of our Global Health Security programming, we strengthen the capacity of healthcare facilities in IPC and antimicrobial resistance, including surveillance, preparedness and quality improvement.

Our approach combines emergency humanitarian response with longer-term investment in nationally led systems, enabling Ukraine's health system to better prepare for, respond to and recover from emergencies.

Water, Sanitation and Hygiene

Attacks, power cuts and damage to civilian infrastructure across Ukraine continue to interrupt access to WASH services. We provide clean water and hygiene support in health facilities and affected communities, as well as cleaning and sanitation supplies to hospitals and clinics. Additionally, we install high-capacity water-storage systems, and filtration and purification units, so that facilities can access safe water during emergencies and service interruptions. In addition to emergency repairs, we also help fix broken water and waste systems.



Mental Health and Psychosocial Support

After years of conflict in Ukraine, the need for MHPSS services is high. International Medical Corps responds to mental health needs with evidence-based services that are integrated into primary healthcare and protection services. Working directly and through partners, our multidisciplinary teams provide individual and group psychosocial support, mental health case management and referrals to specialized care.

We also strengthen local capacity by supporting those who help others. To address burnout and strengthen professional well-being among humanitarian and helping professionals, we have adapted and scaled up the Integrated Model for Supervision, which aims to create a safe and supportive space where professionals can reflect on their work and express their thoughts and emotions openly, without fear of judgment. We also train mental health care providers in the Mental Health Gap Action Programme (mhGAP), developed by WHO and UNHCR.



Prevention of Violence Against Women and Girls

The ongoing conflict has increased the risks of violence against women and girls (VAWG), especially in frontline and hard-to-reach communities where protection services and referral pathways may be limited.

International Medical Corps works in six oblasts with several local women-led organizations to prevent and respond to VAWG. Through women's and girls' safe spaces and mobile outreach, we provide case management, individual and group psychosocial support, awareness-raising activities and referrals to specialized services.

We adapt internationally recognized guidance on case management, supportive supervision and safe-space programming in the context of Ukraine. We also train partner organizations and government actors in survivor-centered care, risk mitigation and safe referrals, building local and national capacity to respond.



Infrastructure Rehabilitation

Since February 2022, International Medical Corps has helped repair 98 health facilities across different regions in the country. We make structural repairs and add blast protection so that healthcare staff can continue treating patients even during an attack. We fix such critical systems as water, electricity, sewage and heating, and make facilities easier for people with functional limitations to use. We strengthen the resilience of healthcare facilities by supporting reliable heating and backup power systems, helping maintain essential services during power disruptions, extreme weather and other emergencies.

Physical Rehabilitation

The conflict has significantly increased the demand for physical rehabilitation while limiting access to such services. In response, International Medical Corps has collaborated with the Ministry of Health and the Ukrainian Association of Physical Therapy to strengthen national capacity by equipping health facilities with essential rehabilitation equipment, training medical staff, developing context-specific clinical guidelines and improving accessibility in health facilities. So far, more than 5,000 people have accessed improved rehabilitation services supported by us.

Localization and Partnerships

International Medical Corps works to strengthen local-response capacities in health, protection, MHPSS and WASH. We co-develop technical support and institutional strengthening plans with local NGOs to build sustainability and readiness for future crises.

Our partnerships to combat VAWG have expanded from safe spaces and psychosocial support to community-wide initiatives that promote safety, accessible services and community resilience.



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International Medical Corps

www.InternationalMedicalCorps.org

A pre-eminent first responder since 1984, International Medical Corps delivers emergency medical and related services to those affected by conflict, disaster and disease, no matter where they are, no matter what the conditions. We also train people in their communities, providing them with the skills they need to recover, chart their own path to self-reliance and become effective first responders themselves.

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