



Cameroon

International Medical Corps has worked in Cameroon since 2008, initially responding to a large influx of refugees from the Central African Republic (CAR).

Since then, we have responded to food crises, floods and outbreaks of cholera and other infectious diseases. We have also provided lifesaving care to internally displaced people, returnees and refugees fleeing violence in the Lake Chad Basin and the Northwest and Southwest regions.

Cameroon faces complex and underfunded humanitarian crises stemming from armed regional and internal conflict, as well as public health emergencies. Poverty, natural disasters and epidemic outbreaks also harm local populations and strain already overburdened healthcare systems. In 2026, an estimated 2.9 million people need humanitarian assistance, but services reach only 1.1 million.

In 2025, International Medical Corps Cameroon served **more than 380,000 people**.



259,800+ benefited from health services



15,200+ benefited from mental health and psychosocial support (MHPSS)



155,440+ benefited from nutrition services



32,850+ benefited from services related to violence against women and girls (VAWG)



65,190+ benefited from water, sanitation and hygiene (WASH) services



3,150+ benefited from food security and livelihood services



278 benefited from local capacity building



13,328+ benefited from emergency-response services

WHERE WE WORK

A ADAMAWA

- Mayo-Banyo
- Mbere
- Vina

C FAR NORTH

- Diamaré
- Mayo-Danay
- Mayo-Sava
- Mayo-Tsanaga

E NORTHWEST

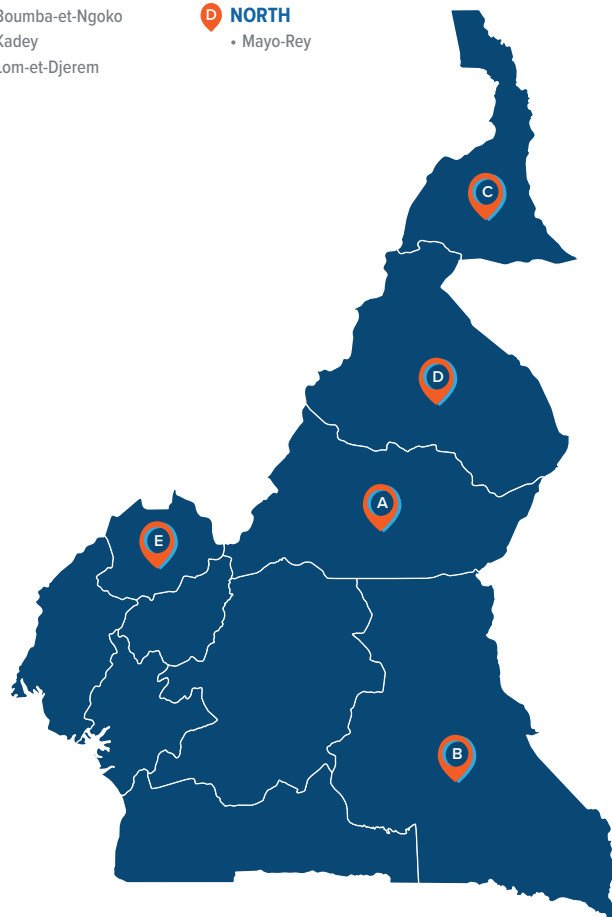
- Boyo
- Donga-Mantung
- Ndo-Ketunjia

EAST

- Boumba-et-Ngoko
- Kadey
- Lom-et-Djerem

D NORTH

- Mayo-Rey



Nutrition

Conflict in the Lake Chad Basin, intercommunal violence, floods, drought and the effects of the Russian invasion of Ukraine have left nearly 2.9 million people in Cameroon acutely food-insecure. International Medical Corps screens and treats children and adults for acute malnutrition. We also provide cooking demonstrations, nutrition education, vitamin A supplements, deworming, and social- and behavior-change activities. Our teams promote recommended maternal, infant and young-child feeding practices and train Ministry of Public Health staff and community health workers (CHWs).

Primary And Secondary Healthcare

Weak health systems, security challenges, population displacement and weather-related shocks limit access to quality healthcare in Cameroon, particularly in remote and underserved areas. Many communities lack access to essential health services, contributing to high rates of preventable illness and death, particularly among children under 5 and pregnant women.

In the Far North and Northwest regions, International Medical Corps supports healthcare facilities and delivers essential lifesaving services through static health facilities, mobile outreach and community health services. These services include:

- ▶ providing preventive and curative medical consultations, with referrals to higher-level care in district and regional hospitals;
- ▶ delivering maternal and newborn care, including antenatal care, deliveries, postnatal care and prevention of mother-to-child HIV transmission;
- ▶ providing medical care for survivors of violence against women and girls;
- ▶ providing essential medicines, medical supplies and equipment;
- ▶ training healthcare and non-healthcare professionals;
- ▶ supporting immunization, vaccine transportation and cold chain storage systems under the Ministry of Public Health's Expanded Program on Immunization;
- ▶ strengthening referral mechanisms and supporting the revision of national protocols; and
- ▶ constructing and rehabilitating health facilities, including integrating solar energy systems.

International Medical Corps has improved access to healthcare for nearly 10,000 people affected by fire incidents in Kolofata, Far North region.

Disease Surveillance, Outbreak Preparedness and Response

Cameroon is vulnerable to recurrent outbreaks of disease—including cholera and measles—particularly in conflict-affected, displaced and underserved communities. International Medical Corps supports disease detection, preparedness and emergency response through:

- ▶ implementation of the integrated disease surveillance and response strategy;
- ▶ facility- and community-based surveillance;
- ▶ training of healthcare workers and CHWs in disease surveillance and risk communication;
- ▶ logistical and material support for surveillance and outbreak response;
- ▶ transportation of samples to designated laboratories;
- ▶ emergency response in outbreak-prone and outbreak-affected areas; and
- ▶ support for public health actions in coordination with health authorities and other response actors.



Mental Health and Psychosocial Support

International Medical Corps integrates MHPSS into our general healthcare services, expanding families' access to mental health care. We work with healthcare facilities and CHWs to strengthen referrals and provide healthcare professionals with MHPSS educational materials.

Violence Against Women and Girls

International Medical Corps has been implementing programs since 2009 in Cameroon to prevent and respond to VAWG. Our staff trains community-based organizations, local government staff and healthcare professionals on core concepts of conflict-related violence, refers survivors to local healthcare providers and trains local health and non-health staff on care for VAWG survivors. We also provide livelihood support and education to women and girls, and educate community members on the risks and consequences of VAWG.



Social Policy and Local Governance

International Medical Corps' social policy work strengthens municipal systems for children and vulnerable families by supporting child-focused local governance, municipal child-protection sub-committees, integration of child-related priorities into communal development plans, birth-registration monitoring, social service coordination, local referral pathways and community-based social-protection mechanisms, such as village savings and loan associations. This work connects humanitarian services with stronger local systems and more responsive municipal social-protection mechanisms.

Food Security and Livelihoods

International Medical Corps supports community cooperatives, strengthens community health monitoring and helps community groups adopt sustainable food-production and nutrition practices. We support small-scale agriculture, livestock raising, kitchen gardens, food distribution, income-generating activities

and women's economic programs that complement our nutrition and protection work. We also provide training in fishing and animal husbandry, helping people diversify their livelihoods and build more sustainable income sources.

Collaboration and Coordination

International Medical Corps works closely with government agencies, donors, community-based organizations, UN agencies, and international and national NGOs. Our peers select us to help validate humanitarian-response approaches, and we represent international NGOs on the UN Humanitarian Country Team. We also participate in the Cameroon network of international NGOs and have previously chaired its steering committee. Through the International NGO Safety Organization network, we coordinate on security analysis, humanitarian access and incident alerts. Our technical staff also contribute to health, nutrition, protection and humanitarian working groups and clusters.



www.InternationalMedicalCorps.org

A pre-eminent first responder since 1984, International Medical Corps delivers emergency medical and related services to those affected by conflict, disaster and disease, no matter where they are, no matter what the conditions. We also train people in their communities, providing them with the skills they need to recover, chart their own path to self-reliance and become effective first responders themselves.

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