



Syria

Following a political transition, Syria is entering a new phase of recovery, even as humanitarian needs remain acute. Millions of people in the country continue to require humanitarian assistance, placing additional pressure on fragile health systems and essential services.

Since December 2024, more than 1.6 million refugees and nearly 2 million internally displaced persons (IDPs) have returned to their communities—where access to healthcare, protection, water, sanitation and livelihoods remains limited. Continued humanitarian action is critical to support safe, voluntary and sustainable returns.

International Medical Corps, which has maintained a robust operational presence in Syria since 2008, is currently active in 13 of the country's 14 governorates, including Aleppo, As-Sweida, Damascus, Dara'a, Deir ez-Zor, Hama, Hassakeh, Homs, Idleb, Latakia, Raqqqa, Rural Damascus and Tartous. We provide essential health and multi-sectoral services, supporting 13 hospitals, 48 primary healthcare centers (PHCCs), 37 mobile medical units (MMUs), two specialized healthcare facilities, 18 protection centers or safe spaces, 21 mental health and psychosocial support (MHPSS) centers, seven child-friendly spaces, three family centers and one community center.



In 2025, International Medical Corps' team in Syria:



provided healthcare services to more than **1.1 million** people



reached almost **167,000** people through awareness-raising efforts



conducted more than **97,000** nutritional screenings



delivered MHPSS services to more than **31,000** people



offered protection services to more than **40,300** people



distributed **8,758** dignity kits



reached more than **120,000** people with WASH services, such as rehabilitation of pumping stations, and distribution of hygiene and winterization kits

We provide integrated services, including health, nutrition, physical therapy rehabilitation, MHPSS, child protection (CP), prevention and treatment of violence against women and girls (VAWG), and water, sanitation and hygiene (WASH). Our 745 staff members work with a number of Ministry of Health (MoH) secondees.



Healthcare

Years of conflict and economic decline have severely weakened Syria's healthcare system. Many health facilities continue to face shortages of medicines, equipment, qualified personnel and sustainable financing—underscoring the need for continued humanitarian support, as well as health-systems strengthening.

Through our PHCCs, MMUs and specialized healthcare facilities, we provide free and comprehensive primary, secondary and tertiary healthcare services, including obstetric, neonatal and pediatric care, physiotherapy, capacity building and referrals to partner hospitals.

In addition to routine care, we strengthen the healthcare infrastructure by providing essential medical equipment and supplies, including critical donations to public hospitals and support for operating theaters. We have installed 22 solar-powered systems to improve service delivery and ensure reliable electricity for continued operations.

Between March and May 2026 alone, we provided more than 366,000 health consultations through our supported facilities across Syria.

Nutrition

Economic hardships, food insecurity and disrupted access to health services continue to increase the risk of malnutrition—particularly among children under 5 and pregnant and lactating women (PLWs).

We provide integrated nutrition services—which are essential for prevention, early detection and treatment of malnutrition—with a particular focus on children under 5, PLWs and adolescents, conducting nutritional screening at 25 facilities across Aleppo, Damascus, Dara'a, Hama, Homs, Idlib, Latakia and Rural Damascus governorates. We also provide treatment through targeted supplementary feeding and community-based management of malnutrition, including providing nutritional supplements for children and PLWs suffering from severe and moderate acute malnutrition.

Mental Health and Psychosocial Support

In response to a prolonged crisis that has exposed Syrians to widespread psychological distress, we provide a tiered MHPSS program spanning from community to clinic. At the community level, we conduct outreach, psychosocial education and stigma-reduction activities. We provide case management and counseling in health centers, as well as psychological first aid (PFA) and structured group therapy. Psychiatric consultations and essential mental health medications are available through our referral network. We integrate MHPSS across our programs through screening and referrals for specialized care when needed.

Building local capacity is central to our MHPSS programming. We train our staff and that of the MoH and NGO partners in mental health care. We also co-lead the national humanitarian MHPSS technical working group, helping set standards and share best practices. These efforts strengthen national capacity, as well as continuity of care.



Protection

Women, girls and children continue to face heightened risks of violence, abuse, exploitation, neglect and harmful coping mechanisms due to displacement, economic hardships, family separation and insecurity.

We offer specialized CP and VAWG prevention and response services through integrated health and MHPSS programming delivered in such settings as child-friendly spaces, women's and girls' safe spaces and community centers.

Our CP program supports children at risk of or affected by violence, abuse, neglect, exploitation, child labor, child marriage and family separation through case management, psychosocial support, individual counseling, parenting and caregiver sessions, youth-empowerment activities, PFA and community-awareness initiatives. Our VAWG prevention program implements confidential, survivor-centered services, including case management, psychosocial support, emotional support groups, awareness and life-skills activities, and social and behavior change interventions that promote safety, well-being and resilience. We also implement VAWG risk mitigation and strengthen frontline staff capacity to ensure quality survivor-centered programming. In 2025, we reached 27,097 women through VAWG prevention activities and 8,788 children through CP activities.



Water, Sanitation and Hygiene

Safe WASH services remain critical to protecting public health in Syria, where years of conflict, economic deterioration, extreme weather and declining public services have significantly weakened essential infrastructure.

We provide integrated WASH services for affected populations, including IDPs, host communities and healthcare facility users. Our WASH program rehabilitates and maintains water infrastructure, improves sanitation services, promotes healthy hygiene practices and supports disease prevention through community-awareness activities.

We also rehabilitate WASH infrastructure in PHCCs by improving water-supply systems, sanitation facilities,

healthcare waste management, and infection prevention and control (IPC) measures, creating safer environments for patients and healthcare workers.

Training and Capacity Building

Building national capacity is central to our approach of strengthening Syria's health and protection systems. In 2025, we trained 3,465 health and protection workers, including MoH staff, on topics such as maternal and child health, VAWG prevention and response, CP, MHPSS, nutrition, WASH and IPC. By strengthening local capacity, we ensure that the community has the skills and knowledge to become self-reliant.



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A pre-eminent first responder since 1984, International Medical Corps delivers emergency medical and related services to those affected by conflict, disaster and disease, no matter where they are, no matter what the conditions. We also train people in their communities, providing them with the skills they need to recover, chart their own path to self-reliance and become effective first responders themselves.

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