



Sudan

International Medical Corps has worked in Sudan since 2004. We offer healthcare, mental health and psychosocial support (MHPSS), nutrition, services related to violence against women and girls (VAWG), and water, sanitation and hygiene (WASH) programs, delivered through integrated, multisectoral programming.

We provide these services through static health facilities including hospitals and primary healthcare centers, mobile health and nutrition teams (MHNTs), and women's and girls' safe spaces to residents in Central Darfur, North Darfur, South Darfur and Khartoum. Since fighting erupted in April 2023, approximately 14 million people have been forcibly displaced, including around 9 million internally displaced persons (IDPs) and 4.4 million refugees and returnees who have fled to neighboring countries, while repeated attacks on civilian infrastructure, health facilities and essential services have further deepened humanitarian needs. The crisis has devastated livelihoods, disrupted markets and public services, and severely limited access to healthcare, safe water, food and protection services for millions of people. Despite insecurity, access constraints and ongoing population movements, International Medical Corps continues to deliver lifesaving assistance in some of the country's most affected and hard-to-reach areas. In 2025, we provided humanitarian assistance to more than 1.8 million people across Sudan.



Sudan is currently facing the world's largest displacement crisis and one of the largest humanitarian emergencies globally.

Ongoing conflict and political instability are contributing to widespread displacement and urgent needs across multiple sectors. Communities continue to face severe shortages of healthcare, food, safe drinking water and essential household supplies. Economic instability, supply chain disruptions and damaged infrastructure have increased the cost of essential goods and reduced access to basic services. Women and girls face heightened protection risks, violence, exploitation and abuse, particularly in displacement settings and conflict-affected communities.

Humanitarian needs in Sudan have reached unprecedented levels. More than 30 million people are estimated to require humanitarian assistance and protection services, while millions face acute food insecurity and limited access to healthcare. Famine conditions have been confirmed in parts of Darfur and Kordofan, and the surrounding states remain at risk as conflict, displacement and market disruptions continue to undermine food security. The crisis is further compounded by recurring disease outbreaks, including dengue fever, cholera, malaria and measles, which continue to place additional strain on an already weakened health system.

Health

International Medical Corps supports health facilities and MHNTs, delivering essential health services, strengthening health systems, providing community-based health interventions and supporting frontline health workers. Essential health services include treatment and prevention of disease, maternal and newborn health, health education, immunization, child healthcare and surveillance, and referrals to emergency- and secondary-level healthcare services.

Maternal and newborn health services include prenatal care, safe deliveries attended by skilled birth attendants, postnatal and newborn care and healthy timing and spacing of pregnancies to reduce maternal and newborn mortality. We also provide care for survivors of VAWG and safe referrals for survivors.

In 2025, we provided nearly 1 million outpatient consultations, including treating patients for acute respiratory infections, diarrheal diseases and malaria, which continue to be the leading causes of disease in Sudan. We also immunized hundreds of thousands of children, and 14,518 babies were delivered by skilled healthcare personnel.



Sudan is facing one of the **world's most severe humanitarian crises**. More than 30 million people require humanitarian assistance, while approximately 14 million have been displaced by conflict. Widespread food insecurity, disease outbreaks, collapsed health services and heightened protection risks continue to leave millions in urgent need of lifesaving health, nutrition and protection assistance.

Nutrition

Sudan is experiencing a rapidly worsening nutrition crisis driven by conflict, displacement, disease outbreaks, reduced access to healthcare and deteriorating food security conditions.

We provide nutrition services for those most vulnerable to malnutrition, including children under 5, pregnant women and nursing mothers. We operate outpatient therapeutic programs (OTPs), targeted supplementary feeding programs (TSFPs) and stabilization centers for malnourished children with medical complications. We provide nutrition awareness sessions for mothers on different topics such as the importance of breastfeeding, dietary diversification using local foods and targeted nutritional support. In 2025, we reached hundreds of thousands of people through vital nutrition programs, including providing 128,445 caregivers of children under 2 with essential infant and young-child feeding counseling and support.



Water, Sanitation and Hygiene

Many communities in Sudan continue to face significant challenges accessing safe water and sanitation services. Conflict, displacement, damaged infrastructure and disease outbreaks have increased the risk of waterborne illnesses, particularly in overcrowded displacement sites and underserved communities. We integrate WASH with health, nutrition and protection programming to reduce transmission and improve public health. Activities include hygiene promotion, waste management, water chlorination, rehabilitation of water points and sanitation facilities, and outbreak response.

In 2025, we constructed or rehabilitated 17 water points for internally displaced people and host communities and reached nearly half a million people with information about the need for safe hygiene practices and other WASH activities.

Mental Health and Psychosocial Support

The ongoing conflict has exposed millions of people to violence, displacement, loss and psychological distress. International Medical Corps provides MHPSS services through an integrated, multisectoral approach, embedding MHPSS within health programs while ensuring strong linkages with nutrition, protection, VAWG and community-based services.

Our MHPSS programs improve mental health, enhance resilience and well-being and build social support networks among affected populations. Services include psychological support, mental health case management, psychological first aid and group psychosocial support. In 2025, we provided 6,308 mental health consultations, and 25,541 people participated in psychosocial support activities.



Health Systems Strengthening

International Medical Corps works closely with health authorities, local organizations and community stakeholders to strengthen health systems and improve the quality and availability of healthcare services. We support Sudan's Ministry of Health (MoH) in providing healthcare services. Our activities include supporting service delivery, health facility rehabilitation, enhancing health information and reporting systems, deploying healthcare workers, training, and providing medical commodities and emergency preparedness, contingency planning and response.



Violence Against Women and Girls

To address rising protection needs, we launched a VAWG program in 2024, working with local and women-led organizations to provide survivor-centered services, including case management, psychosocial support and referrals. We integrate VAWG with health, nutrition and MHPSS programming, strengthen referral pathways, engage communities to address harmful norms, and support coordination and capacity building.

Capacity Building

Sudan's health system continues to face significant challenges due to conflict, displacement, resource constraints and workforce shortages. In 2025, we trained 1,519 MoH staff in emergency obstetric and newborn care, rational drug use, intimate partner violence response, integrated management of childhood illnesses, malnutrition management, infant and young-child feeding, outbreak preparedness, infection prevention and control, MHPSS, safe referrals, data management and VAWG case management. Localization remains central to our approach, supporting local leadership and helping to build sustainable, lasting change.



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A pre-eminent first responder since 1984, International Medical Corps delivers emergency medical and related services to those affected by conflict, disaster and disease, no matter where they are, no matter what the conditions. We also train people in their communities, providing them with the skills they need to recover, chart their own path to self-reliance and become effective first responders themselves.

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