



# Pakistan

**International Medical Corps has worked in Pakistan since 1985, when we began training young Afghan refugees to return to their home communities inside Afghanistan and provide basic healthcare in places that medical professionals had fled following the 1979 Soviet invasion.**

In 1999, we extended our training to the Afghan refugee population living in what was then Pakistan's northwest frontier, an area since renamed Khyber Pakhtunkhwa. When a massive earthquake struck the region in 2005, claiming more than 70,000 lives, our medical response teams were on the scene, treating survivors within 12 hours.



## EVERY DISASTER

International Medical Corps has responded to every major disaster in Pakistan since 2005, including:

- ▶ **2005:** The devastating earthquake in northern Pakistan
- ▶ **2008:** Baluchistan earthquake
- ▶ **2008–14:** Massive civilian displacement due to militant activities in Khyber Pakhtunkhwa and the Federally Administered Tribal Areas
- ▶ **2010–2012:** Monsoon floods in Khyber Pakhtunkhwa, Punjab and Sindh
- ▶ **2015:** Earthquake in northern Khyber Pakhtunkhwa
- ▶ **2020–22:** COVID-19 pandemic
- ▶ **2022:** Monsoon floods in Balochistan, Khyber Pakhtunkhwa and Sindh
- ▶ **2025:** Monsoon floods in Khyber Pakhtunkhwa and Punjab



## MORE THAN 3.2 MILLION PEOPLE

have directly benefited from International Medical Corps' programming in Pakistan since 2005.

**Before the 2005 earthquake, our Pakistan team focused on two major initiatives: strengthening the national healthcare system, and providing primary and secondary healthcare services to the growing Afghan refugee population in Khyber Pakhtunkhwa (KP) province.**

Immediately following the 2005 quake, we dispatched medical and relief teams to remote, barely accessible locations to provide emergency medical care. We then established basic health units to meet the long-term needs of affected communities.

Our teams have provided health, water, sanitation and hygiene (WASH) services, nutrition support and mental health services to those displaced by fighting during a 2008–09 refugee crisis, the devastating floods of 2010–2012, the earthquake of 2014, COVID-19 pandemic response from 2020–22, the record-breaking monsoon floods of 2022 and the 2025 monsoon floods, which affected an estimated 6.9 million people and displaced around 3 million across Pakistan.





## Health Services and Support

Today, International Medical Corps works in several districts of Khyber Pakhtunkhwa, Punjab and Sindh provinces, providing health services for Afghan refugees and Pakistanis, including:

- ▶ primary healthcare and essential medicines, medical equipment and supplies;
- ▶ community education and awareness-raising about health issues;
- ▶ capacity-strengthening of healthcare providers, community volunteers, government counterparts and partner organizations, including targeted training on essential topics such as safeguarding and other technical areas;
- ▶ food security and livelihoods programming and livelihood support activities;
- ▶ digital literacy, digital skills and entrepreneurship development programs; and
- ▶ robotics and business management skills training and education initiatives for youth.

We conducted 124 training sessions reaching 2,668 people—including clinical and non-clinical staff, community workers, government counterparts and partner organizations. We also conducted awareness-raising activities on health, mental health and psychosocial support (MHPSS), violence against women and girls (VAWG) and WASH, reaching more than 315,000 people.

## Mobile Medical Units

In 2025, Pakistan experienced devastating floods that caused widespread loss of life, displacement and destruction of critical infrastructure and livelihoods across multiple provinces. As part of our emergency response, four mobile medical teams were deployed to Buner and Shangla districts, KP province, where they delivered more than 34,700 primary and emergency healthcare consultations through camps and static health facilities, restoring access to essential, lifesaving services for flood-affected families. Our MHPSS team members on the mobile teams conducted hundreds of individual and group counseling sessions, providing psychosocial support to 6,830 people. We also distributed 1,400 winter kits to families, including 700 kits in Buner, 600 in Shangla and 100 in the Alipur and Muzaffargarh districts of Punjab province.



In 2025, our teams in Pakistan provided services to **nearly 740,000 people**, including communities in remote and hard-to-reach areas.

## Violence Against Women and Girls

International Medical Corps provides robust programs to address and prevent VAWG in Pakistan. In 2025, our VAWG programs reached more than 73,000 people, including individual case management and support for hundreds of new survivors. Across the five women's and girls' safe spaces (WGSSs) that International Medical Corps supports in the country, our teams provide women's economic empowerment initiatives, including vocational and skills development training. In 2025, more than 11,500 women and adolescent girls participated in skill-building and empowerment activities. We also have a helpline where those in need of VAWG-related services can connect with a counselor, and we provide referral services for survivors of VAWG.

## Mental Health and Psychosocial Support

International Medical Corps provides integrated MHPSS services across Pakistan, helping Afghan refugees and local communities. Our teams deliver counseling, psychosocial support, mental health care, awareness sessions and referrals, while also strengthening the local healthcare systems by providing training in psychological first aid and the World Health Organization's Mental Health Gap Action Programme (mhGAP). In 2025, our MHPSS programs reached more than 75,000 people, expanding access to essential mental health services and helping individuals, families and communities build resilience and well-being.

## Water, Sanitation and Hygiene

International Medical Corps' WASH programs in Pakistan help communities access safe water, improve sanitation and adopt healthy hygiene practices that reduce the risk of disease. Working in areas affected by displacement, flooding and other emergencies, our teams rehabilitate water systems, promote community-based hygiene education and strengthen local capacity through WASH committees and technical training.



In 2025, our WASH programs reached more than 287,000 people, supporting safer living conditions and helping communities improve and protect their health.



[www.InternationalMedicalCorps.org](http://www.InternationalMedicalCorps.org)

A pre-eminent first responder since 1984, International Medical Corps delivers emergency medical and related services to those affected by conflict, disaster and disease, no matter where they are, no matter what the conditions. We also train people in their communities, providing them with the skills they need to recover, chart their own path to self-reliance and become effective first responders themselves.

July 2026

### COUNTRY CONTACT

**Bakhtiar Ahmad, Country Director**  
[bahmed@InternationalMedicalCorps.org](mailto:bahmed@InternationalMedicalCorps.org)

### HEADQUARTERS CONTACT

**Megan Greenhalgh, Director of International Programs**  
[mgreenhalgh@InternationalMedicalCorps.org](mailto:mgreenhalgh@InternationalMedicalCorps.org)

International Medical Corps is headquartered in Los Angeles, CA, and has offices in Washington, DC; London, UK; and Split, Croatia.

For contact information, visit [InternationalMedicalCorps.org/contact](http://InternationalMedicalCorps.org/contact).