



Lebanon

Lebanon continues to be affected by regional and internal instability. Over the past decade, a combination of multi-layered crises has led to a dire humanitarian situation, with at least 3 million people in need of humanitarian assistance.

Prolonged economic and political crises, as well as conflict, loss of livelihoods and protracted displacement, have long affected Lebanese, migrants and refugees. Access to basic services continues to be hindered by multiple factors, including unaffordability, low availability, restricted humanitarian access and attacks on healthcare. The most-affected communities—women, children, older people and those with functional limitations—face additional challenges.



International Medical Corps is a key health actor in Lebanon. We help strengthen the national health system by partnering with the Ministry of Public Health (MoPH) and supporting at least 50 primary healthcare centers (PHCCs), enhancing their capabilities and improving access to essential health services for affected populations.

We provide a range of services, including integrated primary healthcare, nutrition, mental health and psychosocial support (MHPSS) and protection. In addition, we distribute essential hygiene and nutrition supplies, assistive devices and daily-living aids for older people and those with limitations.

We provide hospitalization support—including access to emergency room services and lifesaving surgeries—ensuring continuity of care for severe and critical cases. We further strengthen the health system by supplying essential medical equipment to health facilities, enhancing their capacity to provide quality care.

Primary and Secondary Healthcare

Our health program in Lebanon strengthens the national health system and supports the MoPH in delivering accessible, high-quality and equitable healthcare services, with a particular focus on primary healthcare.

We support a nationwide network of more than 50 PHCCs and dispensaries through technical and operational supervision, on-the-job training, capacity building and the delivery of essential medical and non-medical supplies. We also subsidize the cost of consultations and essential diagnostic services to reduce financial barriers to care for the most affected populations. Through the PHCCs, we support immunization, maternal and child health, communicable and noncommunicable disease prevention and management, nutrition screening and management, MHPSS services, and home-based care for older people and those with functional limitations. All of our health programs emphasize quality and continuity of care, disease prevention and equitable access.



Since 2006, International Medical Corps has been operating across all regions of Lebanon through our teams and partners. In 2025, we reached **more than 390,000 people**. We also support a nationwide network of **more than 50 PHCCs**.



When conflict in Lebanon escalated in 2024 and early 2026, we rapidly responded to the humanitarian needs of displaced populations by deploying mobile medical teams to collective shelters and other community locations. Our support ensured continuity of care for people with chronic conditions and helped to reduce the risks of communicable diseases through health promotion, awareness activities, community-based surveillance and distribution of hygiene supplies, working in close coordination with the MoPH and community actors.

We also reach people where they live through community health workers (CHWs), training, supervising and helping the CHWs deliver health education and awareness sessions in homes, schools, informal settlements and remote communities. These CHWs encourage healthy practices, identify people who need care and help refer them to primary or specialized health services when needed. By linking communities with nearby PHCCs, they promote early care-seeking behavior, help prevent diseases and improve health outcomes. Building on this approach, we also assist the most affected people in accessing secondary healthcare services through a referral system.

Mental Health and Psychosocial Support

We play a key role in supporting the implementation and scale-up of the National Model of Care for Mental Health Integration, a standardized model adopted by nongovernmental organizations working with the National

Mental Health Program, to guide the integration of mental health services into PHCCs across Lebanon.

Within this framework, we support PHCCs in efforts to deliver mental health services in line with national protocols, staffing capacities and defined care packages for the most common mental health concerns.

Our staff members also provide direct services through multidisciplinary MHPSS teams comprising case managers, psychologists and psychiatrists at the supported PHCCs, or remotely when needed, to complement the integrated care model and establish clear referral pathways for severe cases requiring specialized care. The capacity building, mentoring and supervision of PHCC staff by our technical team helps them to identify, refer and manage mental health conditions in line with national protocols—ensuring access to affordable, non-stigmatizing services, as well as psychotropic medications. We are committed to reducing stigma associated with mental health by offering psychoeducation, community outreach and awareness-raising activities.

During the two most recent conflict-related emergencies, our MHPSS team rapidly deployed mental health professionals to displacement sites and shelters to provide psychological first aid, identify people in need of additional support, facilitate safe referrals and ensure follow-up where needed. We continue to provide services in line with key MHPSS principles, including confidentiality, informed consent, “do no harm” and protection-sensitive care.



Violence Against Women and Girls

Our case-management team operates within supported PHCCs to support prevention and response to violence against women and girls (VAWG). Our trained case workers provide crucial support to women and girl survivors of violence, or those at risk of violence, through safe, confidential and survivor-centered services and emergency cash assistance. We also provide dignity kits during emergencies. Group psychosocial activities engage women and girls, and

promote their well-being, safety and access to support and services, while increasing awareness and helping to challenge harmful social norms.

Our team also works to improve the technical capacities of local partners and healthcare providers to provide safe disclosure, identification and ethical handling and referral of VAWG cases, ensuring safe, dignified and holistic assistance to survivors.



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A pre-eminent first responder since 1984, International Medical Corps delivers emergency medical and related services to those affected by conflict, disaster and disease, no matter where they are, no matter what the conditions. We also train people in their communities, providing them with the skills they need to recover, chart their own path to self-reliance and become effective first responders themselves.

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