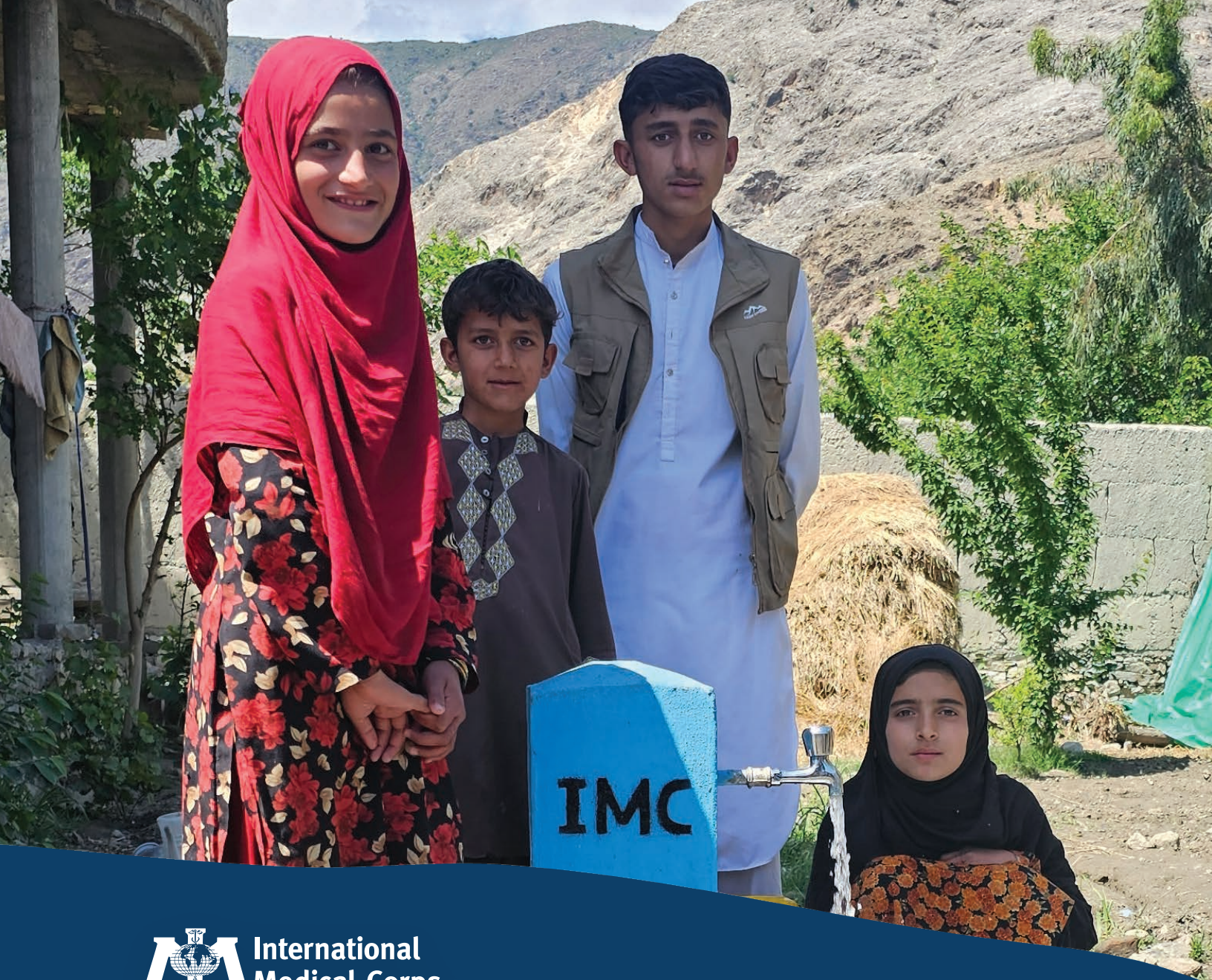




Afghanistan

International Medical Corps was established in 1984 by volunteer doctors and nurses to address the critical need for medical care in war-torn Afghanistan during the Soviet occupation. More than four decades later, we are still there, delivering services that improve the health, livelihoods and social standing of more than 400,000 people each year.

International Medical Corps operates a broad range of assistance programs for Afghanistan's most vulnerable groups, including the internally displaced, refugees, returnees, host communities, women and children. Our main activities in Afghanistan include providing primary and secondary healthcare, training and health education, emergency response, mental health and psychosocial support (MHPSS), nutrition, protection, capacity building, community empowerment, and water, sanitation and hygiene (WASH) services.

Decades of uninterrupted civil war, natural disasters, poverty and a lack of education and employment opportunities have taken their toll on Afghanistan's population and health infrastructure.

Afghanistan remains one of the world's worst humanitarian crises. In 2026, an estimated 21.9 million people will require humanitarian assistance to survive due to several consecutive years of crippling economic decline, all while still reeling from the effects of decades of conflict and recurrent natural disasters. International Medical Corps continues to support Afghanistan's healthcare needs.



In 2025, International Medical Corps provided services, supplies and support to **MORE THAN 400,000 PEOPLE IN AFGHANISTAN.**

WHERE WE WORK

- | | | |
|------------------|------------------|-------------------|
| A BAGHLAN | E JOWZJAN | I NURISTAN |
| B BALKH | F KABUL | J PAKTIKA |
| C BAMYAN | G KUNAR | K SAMANGAN |
| D FARYAB | H KUNDUZ | L TAKHAR |



Integrated Healthcare and Nutrition

International Medical Corps provides primary and community healthcare and lifesaving medical services in Kunduz, Paktika and Takhar provinces. In 2025, we provided 191,774 health consultations, including emergency trauma-care services, to people affected by conflict and natural disasters. In addition, we offered maternal and newborn health services—including antenatal care, delivery assistance and postnatal care—to 37,370 women.

We provided lifesaving curative and preventive nutrition services to 11,249 children under 5, and to 13,727 pregnant and lactating women. International Medical Corps supported integrated specialized healthcare services to female drug addiction treatment centers in Balkh (50-Bed), Faryab (20-Bed) and Kabul (100-Bed), including an opioid agonist maintenance treatment center in Kabul, where services include detox, rehabilitation and MHPSS services for women suffering from substance use. Other services include awareness sessions, screening, outpatient care and motivational interviews. In 2025, 2,530 people completed inpatient/residential treatment periods.



Protection Services

International Medical Corps works to discourage attitudes and behaviors that contribute to protection incidents in Afghanistan. To help reduce the stigma surrounding survivors, we provide targeted social- and behavior-change activities, such as community dialogues and awareness sessions about protection and other issues, including maternal and child health, vaccination and human rights.

We provide protection services, including psychosocial support (PSS) services and counseling services, in Baghlan, Balkh, Bamyān, Dikundi, Faryab, Jawzjan, Kabul, Kunduz, Nuristan, Paktika, Samangan and Takhar provinces through psychosocial counseling centers, PSS corners and mother and childcare centers.

We ensure that medical and PSS services are available to survivors and that they receive life-skills and vocational training to increase their resilience. In 2025, we provided protection services, including PSS, to 89,214 people.

Our health educators work to increase the general knowledge of protection issues and the services available to address them. We engage with influential groups—including elders, school principals and religious leaders—to organize community dialogues. The teams also work closely with key actors—including local health facility staff and community focal points in each province—to protect anonymity and arrange discreet referrals.

Mental Health and Psychosocial Support

We provide MHPSS services to help people and communities rebuild social structures after an emergency or critical event.

We train MHPSS counselors to detect mental health needs and provide services through our mobile teams and health sub-centers. Training includes mental health case management, psychological first aid, interpersonal therapy and problem management. Counselors offer both group and individual counseling to those exposed to distressing life experiences—such as armed conflict, natural disasters and displacement—and refer people with severe mental health conditions to appropriate health facilities. We also train medical doctors in the World Health Organization's Mental Health Gap Action Programme to expand care for mental, neurological and substance-use disorders in non-specialized settings. In 2025, we provided mental health care services to 96,769 people.





Water, Sanitation and Hygiene, and Non-Food Items

International Medical Corps provides WASH services to internally displaced persons, returnees and host communities in Kunar and Paktika provinces. In 2025, International Medical Corps improved access to WASH services for 36,126 people across Afghanistan's eastern and southeastern provinces.

Our teams rehabilitated three community-based solar-powered water supply systems and five community-based boreholes and wells. Our teams distributed NFIs—including dignity, hygiene, water and winterization kits—to 28,146 families. We provided hygiene promotion sessions to 33,226 people and distributed 18,671 bars of soap to families in need.

In 2025, we provided 3,136 winterization kits to returnees in Baghlan, Balkh, Kunar, Kunduz and Samangan provinces. The kits included tents, blankets, winter clothing, shoes for children and adults, and socks and shawls for women.



www.InternationalMedicalCorps.org

A pre-eminent first responder since 1984, International Medical Corps delivers emergency medical and related services to those affected by conflict, disaster and disease, no matter where they are, no matter what the conditions. We also train people in their communities, providing them with the skills they need to recover, chart their own path to self-reliance and become effective first responders themselves.

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