


# Cameroon



International Medical Corps has worked in Cameroon since 2008, when we responded to a large influx of refugees from the Central African Republic (CAR). In the years since, we have provided lifesaving assistance during food crises and recurrent floods, responded to outbreaks of cholera and COVID-19, and cared for internally displaced people, returnees and refugees

as they fled ongoing violence in the Lake Chad Basin and in the Northwest and Southwest regions.

Cameroon faces ongoing, complex humanitarian crises stemming from armed regional and internal conflict, as well as from the hundreds of thousands of refugees seeking shelter and safety within Cameroon's borders. In 2025, 3.3 million people are estimated to need humanitarian assistance, while services reach only 2.1 million. Simultaneously, natural disasters and epidemic outbreaks harm local populations and strain already overburdened healthcare systems.

In 2024, International Medical Corps Cameroon served more than 556,500 people.



**378,000+** benefited from health services



**11,800+** benefited from mental health and psychological support services (MHPSS)



**173,140+** benefited from nutrition services



**69,820+** benefited from services to prevent and respond to violence against women and girls



**25,800+** benefited from child protection services



**104,690+** benefited from water, sanitation and hygiene (WASH) services



**22,580+** benefited from food security and livelihood services



**470** benefited from non-food item distributions

## WHERE WE WORK

### A ADAMAWA

- Faro-et-Deo
- Mayo-Banyo
- Mbere
- Vina

### C FAR NORTH

- Logone-et-Chari
- Mayo-Danay
- Mayo-Sava
- Mayo-Tsanaga

### E NORTHWEST

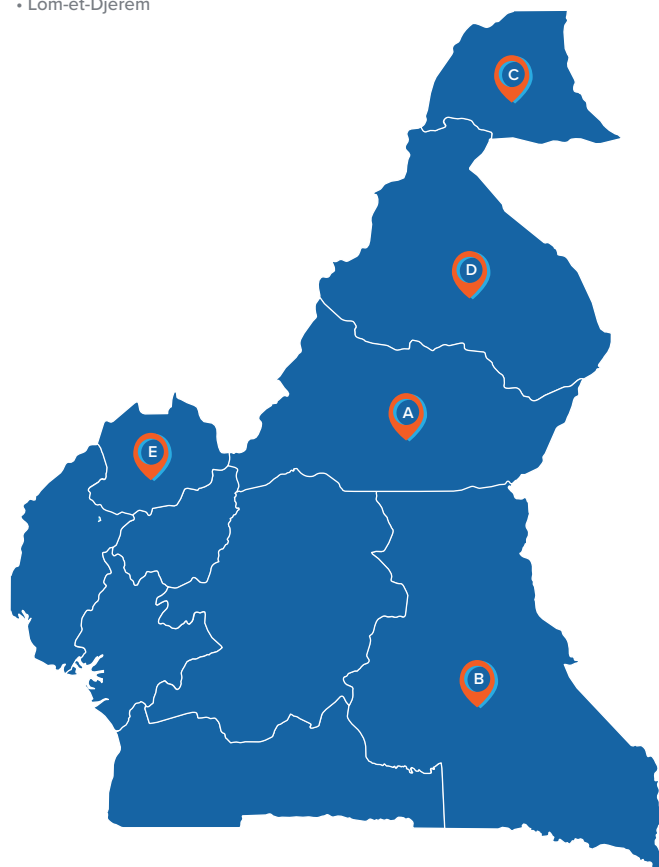
- Boyo
- Donga-Mantung
- Momo
- Ndo-Ketunjia

### B EAST

- Boumba-et-Ngoko
- Kadey
- Lom-et-Djerem

### D NORTH

- Mayo-Rey



## NUTRITION

As a combined consequence of the Lake Chad Basin crisis, intercommunal conflicts, the impacts of floods and droughts, and the Russian–Ukrainian war, nearly 3 million people in Cameroon are acutely food-insecure. International Medical Corps provides nutrition interventions that include screening and treatment for acute malnutrition, cooking demonstrations and nutrition education in our infant and young-child feeding (IYCF) spaces, vitamin A supplementation, deworming, social and behavior change communication, and training for Ministry of Health (MoH) staff and community health workers (CHWs).





## PRIMARY AND SECONDARY HEALTHCARE

Weak health systems, limited access to quality care and frequent outbreaks of diseases such as cholera and measles pose significant health challenges to Cameroon. Conflict-related displacement and weather-related shocks have strained already-fragile health infrastructure, especially in remote and underserved areas. Many communities lack access to essential health services, contributing to high rates of preventable illness and death, particularly among children and pregnant women.

International Medical Corps supports healthcare facilities across five regions and provides medical care directly through static health facilities, mobile outreach and community health services. Our services include:

- ▶ preventive and curative medical consultations, with referrals to higher-level care in district and regional hospitals;
- ▶ maternal and newborn care, including deliveries, antenatal care, postnatal care and the prevention of HIV transmission;
- ▶ implementation of the World Health Organization's Integrated Disease Surveillance and Response strategy;
- ▶ clinical management of rape and intimate-partner violence;
- ▶ provision of essential drugs, medical supplies and equipment, including the supplies and community engagement necessary to deliver vaccines;
- ▶ training and capacity-building sessions for healthcare professionals;
- ▶ training for CHWs on integrated community case management, disease surveillance and risk communication; and
- ▶ construction and rehabilitation of health facilities, including the integration of solar energy systems.

We also strengthen health systems by training MoH staff and CHWs, supporting disease surveillance, and improving referral mechanisms.

International Medical Corps improved healthcare access for nearly 30,200 flood-affected people in the Mayo-Danay division

of the Far North region, reaching more than 27,600 with primary healthcare consultations.

## MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT (MHPSS)

International Medical Corps integrates MHPSS services into our general healthcare activities so that families have greater access to mental health services. We also work with healthcare facilities and CHWs to increase the number of referrals for mental health services. To expand availability of high-quality mental health services across Cameroon, International Medical Corps also provides healthcare professionals with MHPSS educational materials.

## CHILD PROTECTION

International Medical Corps works in refugee camps and host communities to prevent child marriage, promote the rights of refugee children from CAR and strengthen community-based organizations' capacity to fight against violations of children's rights. We provide recreational education, socio-emotional learning and basic education in safe healing and learning spaces. Our case management teams provide material support to unaccompanied and separated children, children associated with armed forces and armed groups, and children with disabilities.

## VIOLENCE AGAINST WOMEN AND GIRLS (VAWG)

International Medical Corps has been implementing programs to prevent and respond to VAWG in Cameroon since 2009. Our staff trains community-based organizations, local government staff and healthcare professionals on core concepts of conflict-related sexual violence, refers survivors to local healthcare providers and trains local health staff on clinical management of rape. We also provide livelihoods support and education to women and girls, and educate community members on the risks and consequences of VAWG.

## FOOD SECURITY AND LIVELIHOODS

Droughts, floods and landslides in 2024 affected more than 1 million people in Cameroon's Far North region alone. In response, International Medical Corps supported small-scale agriculture and livestock assistance, kitchen gardening, food distribution, income-generating activities and women's economic programs to complement our nutrition programs.

Our team in Cameroon provides livelihood support—operating community cooperatives, implementing community health monitoring and surveillance, and developing community groups to support change in sustainable food production and nutrition practices. We also provide agricultural assistance and training on fishing and animal husbandry to help people diversify and improve the sustainability of their sources of income.

## COLLABORATION AND COORDINATION

Our team in Cameroon is committed to strengthening partnerships with donors, community-based organizations, UN agencies, and international and national NGOs.

- ▶ We have consistently been elected by our peers to validate key approaches to humanitarian response as the main humanitarian country team member to represent international NGOs at the UN.
- ▶ Our team is a member of the Cameroon international non-governmental organizations network, which coordinates NGOs in Cameroon, and has chaired its steering committee for the past two years.
- ▶ Our team coordinates with the International NGO Safety Organization network, which provides security analysis and incident alerts to other international NGOs.
- ▶ Our technical staff members contribute to health, nutrition and humanitarian working groups, the humanitarian protection cluster and other influential humanitarian assemblies.



[www.InternationalMedicalCorps.org](http://www.InternationalMedicalCorps.org)

A pre-eminent first responder since 1984, International Medical Corps delivers emergency medical and related services to those affected by conflict, disaster and disease, no matter where they are, no matter what the conditions. We also train people in their communities, providing them with the skills they need to recover, chart their own path to self-reliance and become effective first responders themselves.

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