

# Middle East and Europe Region

International Medical Corps' Middle East and Europe region currently operates in eight countries, accounting for a significant portion of the humanitarian organisation's global portfolio.

As a global first responder, International Medical Corps relieves the suffering of those affected by conflict, disaster and disease, often in difficult and dangerous environments. We also deliver vital healthcare services and training that help devastated populations move from relief to self-reliance. In 2023, across the Middle East and Europe region, we served more than 5.7 million people directly, providing a range of integrated services and training in health, nutrition, mental health and psychosocial support (MHPSS), child protection, gender-based violence (GBV) prevention and response, food security and livelihoods (FSL), and water, sanitation and hygiene (WASH). With the support of a wide range of donors, we implement our programmes in collaboration with national and regional governments, healthcare networks and facilities, other NGOs (including local NGOs) and local communities.

# HIGHLIGHTS

• Gaza: We have established two fully functional field hospitals, with more planned, to provide critically needed lifesaving services to civilians affected by the war.



**2 Iraq:** We take an integrated approach enabling service providers to effectively collaborate with our MHPSS and CP teams, while our community health workers play a vital role in connecting people with our services by conducting regular home visits.

**3 Jordan:** As the primary UNHCR health partner, we manage the major refugee camps in Zaatari and Azraq. We also provide services to refugees living in urban settings.

#### 4 **Lebanon:** We are the main health partner under EU funding, providing services aimed at reducing economic barriers to healthcare access throughout the country.

**Poland:** Within a week of Russia's full scale invasion, we deployed an emergency response team to help Ukrainian refugees, providing health, MHPSS, protection and WASH services. Since February 2022, we have helped 50,000 people.

**Syria:** We have operated in Syria since 2008, first supporting Iraqi refugees and vulnerable local populations and later expanding our work to respond to the needs caused by conflict and earthquakes. From January to June 2024, we have provided 187,088 health consultations.

# **Ukraine:** We currently operate in 17

of the country's 24 oblasts, delivering multisectoral, complementary programming that so far has reached almost 10 million people. We work closely with authorities and local partners to support recovery interventions and strengthen the health system, supporting 382 primary and secondary health facilities.

> 8 Yemen: In addition to providing other essential services, we are leading the emergency response to the new cholera outbreak, working in some of the country's most remote and hard-toreach areas.

### **TOTAL BENEFICIARIES SERVED IN 2023**

Health 4,812,799



Nutrition 402,285



WASH 353,423



MHPSS 244,533





Non-food items 1,663,571





#### HEALTHCARE

We provide free and comprehensive primary, secondary and tertiary healthcare, as well as specialised care such as obstetric, neonatal and paediatric care; physiotherapy; sexual and reproductive health; capacity building; and referrals to partner hospitals. International Medical Corps' Middle East and Europe region operates health programming in Gaza, Jordan, Lebanon, Syria, Ukraine and Yemen. In 2023, we supported 314 health facilities (e.g., primary healthcare clinics, mobile medical clinics) and served more than 4.8 million people across the six countries. Notably, over the two years of conflict in Ukraine, we have provided 2.8 million outpatient health consultations, delivered 630 tons of medicines and medical supplies, and restored access to health services to more than 2 million people through mobile clinics and by rehabilitating 57 damaged facilities.

#### NUTRITION

International Medical Corps works to prevent and to provide care for malnutrition by focusing on especially vulnerable populations such as children under 5, pregnant and lactating women, and adolescents. The Middle East and Europe region, which operates nutrition programming in Gaza, Jordan, Syria, Ukraine and Yemen, reached more than 402,000 people in 2023. Nutrition services include screening for malnutrition; anaemia, moderate and severe acute malnutrition treatments; infant and youngchild feeding programmes; and providing ready-to-eat meals. In Gaza, we are implementing the "Find and Treat" campaign in partnership with UNICEF and the Gaza and Palestine Nutrition Cluster to raise awareness, identify malnourished children and provide therapeutic food and services.

#### MENTAL HEALTH & PSYCHOSOCIAL SUPPORT

International Medical Corps provides MHPSS programming in all eight of the countries in the Middle East and Europe region. We emphasise prevention and treatment of mental health and psychosocial issues through case management services, individual and group counselling, psychological firstaid, psychiatric consultations and psychotherapy, referrals to specialised care, community outreach and awareness activities, capacity building and safe spaces. We also integrate a number of psychological interventions and provide training in programmes developed by the World Health Organization, such as Self-Help Plus, Problem Management Plus and the Mental Health Gap Action Programme, reaching 245,000 people in 2023.

#### WATER, SANITATION & HYGIENE

Our WASH programmes focus on providing reliable access to clean water and modern sanitation, rehabilitating water and sanitation facilities, and promoting safe hygiene practices across refugee camps, communities, schools and health facilities. In this region, we implement WASH programmes in Gaza, Syria, Ukraine and Yemen, where in 2023 we served 353,000 people. In addition to providing hygiene and infection prevention-andcontrol kits and awareness-raising activities, we also improve waste management, distribute potable water (through such means as water storage tanks and purification systems), and







rehabilitate and install water points, latrines, sewage systems, sanitation and water-supply infrastructures, and solar-powered desalination plants. Yemen is especially vulnerable to cholera outbreaks due to destroyed water infrastructure and has recently suffered a resurgence. Between November 2023 and August 2024, the referral hospital managing cholera cases supported by International Medical Corps—which has a catchment population of 460,000 people—treated 8,970 suspected cases of cholera and acute watery diarrhoea.

#### PROTECTION

We provide protection services in all eight countries in the region, including helplines, assistive devices and specialised supplies (e.g., wheelchairs, Braille books, orthopaedic and medical supplies), educational and cultural programmes, and awareness-raising activities. We provide specialised services in child protection (CP) and GBV that are deeply interlinked and integrated with our health and MHPSS services.

Our region offers CP services in Gaza, Iraq, Jordan, Syria and Yemen, helping children who are at risk or victims of violence, abuse, neglect, exploitation, child marriage, child labour, or of being separated or unaccompanied. Some of the projects we implement include case management services, individual counselling, parenting skills sessions, psychosocial support, youth empowerment projects, psychological first aid and safe spaces. We also strengthen coordination with other sectors, enabling them to make referrals internally and externally. In 2023, we helped 91,000 people.

Women and girls are especially susceptible to GBV in conflictaffected areas, and so in seven of the eight countries in the region we deliver awareness-raising sessions, safe spaces, case management services, psychosocial support, emotional support groups, recreational activities (parenting skills sessions, youth empowerment projects, social and behavioural change programs), capacity building for local partners, and more. We have also begun to involve more male participants, such as through the Engaging Men in Accountable Practices initiative. Our GBV services are usually closely integrated with health, MHPSS and CP services, and have established strong referral networks for specialised care, enabling us to provide GBV services to 152,000 people in 2023.



## FOOD SECURITY & LIVELIHOODS

This sector focuses on the availability, access, nutritional value and stability of food supply, as well as how to maintain an income high enough to recover from conflicts and disasters. Through operations in Poland, Ukraine and Yemen, we were able to reach 71,000 people in 2023. Some of the activities we implement include providing food baskets, unconditional cash assistance, cash transfers, "cash for health" programmes, food and clothes vouchers, vocational and life-skills training, and mass animalvaccination campaigns. In Yemen alone, we distributed \$600,000 to more than 900 vulnerable households, prioritising those with children under 5 and pregnant and lactating women.



#### www.InternationalMedicalCorps.org

A pre-eminent first responder since 1984, International Medical Corps delivers emergency medical and related services to those affected by conflict, disaster and disease, no matter where they are, no matter what the conditions. We also train people in their communities, providing them with the skills they need to recover, chart their own path to self-reliance and become effective first responders themselves.



International Medical Corps is headquartered in Los Angeles, CA, and has offices in Washington, DC; London, UK; and Split, Croatia.

For contact information, visit internationalmedicalcorps.org/contact.

## Donors we have partnered with include

