

**SITUATION UPDATE** 

# UKRAINE CRISIS

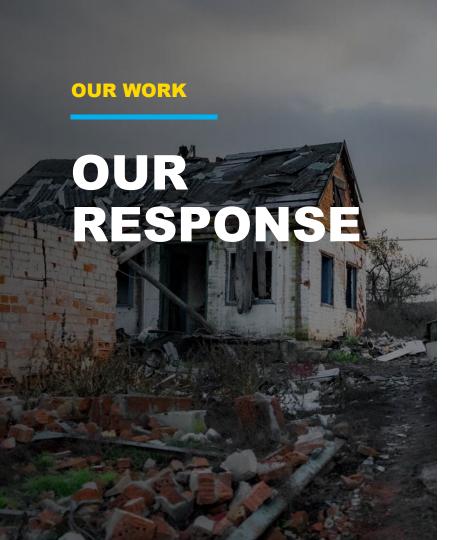
SITUATION REPORT #35 February–June 2024







February through June saw the continuation of Russian air attacks that destroyed critical healthcare, energy and other civilian infrastructure across Ukraine. Russia also introduced the widespread use of glide bombs along the front lines, with particularly devastating and deadly effects on Kharkiv city, killing and injuring civilians. Furthermore, a Russian air and ground offensive against Kharkivska oblast beginning in May has so far displaced at least 25,000 residents. Widespread electricity blackouts have persisted since May, affecting individuals, businesses, basic and emergency services, and health facilities (HFs).



International Medical Corps' humanitarian response and early recovery efforts across Ukraine are tailored to regional needs. In post-conflict zones, we provide increasingly integrated health, mental health and psychosocial support (MHPSS) and physical rehabilitation services, gender-based violence (GBV) prevention and response, nutrition support, non-food items (NFIs), multipurpose cash assistance (MPCA), livelihoods interventions, and water, sanitation and hygiene (WASH). We help to repair and rebuild HFs and supply them with medical equipment and supplies, including vehicles—to help restore healthcare services. Further, we work with civil society organizations and local authorities to build resilience and increase the sustainability of our support.

In active conflict zones, International Medical Corps has adopted an adaptive, dynamic programming strategy prioritizing critical lifesaving operations—including supporting frontline hospitals with critical medicines, equipment and supplies—and distributing food, NFIs and water to impacted communities. In areas under threat of attack, we focus on the needs of internally displaced persons (IDPs) through an integrated approach that includes MHPSS, WASH, food, MPCA, livelihoods and NFIs. We also help HFs prepare for and build resistance to potential attacks and mass-casualty events. In Poland, International Medical Corps prioritizes the needs of Ukrainian refugees, providing services and training related MHPSS.



- 470 primary and secondary health centers supported
- 3.7 million primary outpatient health consultations delivered
- 67,037 people reached in conflict-affected and liberated areas with MHPSS services, including 19,197 individual MH consultations
- 20,343 health workers and first responders trained on topics related to health, emergency care, MHPSS, GBV and more
- 68,133 people reached with gender-based violence (GBV) prevention and response services
- 45,049 people reached with infant and young-child feeding (IYCF) services
- 9,235,478 non-food items (NFIs) and 1,805,501 liters of drinking water distributed
- 71 damaged health facilities rehabilitated
- 25,263 people reached with multipurpose cash assistance (MPCA)

#### Health



International Medical Corps staff visit the Kyivska oblast warehouse of partner company Farmasoft, which helps clear, store, deliver and distribute vital medicines across Ukraine.

#### Between February and June, the Health team:

- conducted 259,062 medical outpatient consultations through 80 primary HFs across nine regions in Ukraine, treating trauma cases and communicable and noncommunicable diseases, as well as meeting sexual and reproductive health needs;
- supported nine medical mobile units—one in Dnipropetrovska, two in Donetska, one in Kharkivska, one in Khersonska, three in Mykolaivska and one in Zaporizka oblast—providing health support to 6,409 patients;
- conducted 35,245 specialized health consultations, including 15,528 for inpatient treatment in 31 hospitals and 19,968 outpatient consultations in three policlinics across nine regions;
- distributed 1,070 different types of medical commodities—
  including 169 types of medicines, 469 pieces of medical
  equipment, 432 types of medical supplies and one Interagency
  Emergency Health Kit—to 154 HFs in 11 regions; and
- conducted four physical and mental rehabilitation training sessions for 16 physical therapists and physical therapist assistants from three HFs in Kyiv city and Kyivska oblast, conveying essential knowledge and skills for working with rehabilitation patients.

### **Training**



International Medical Corps' wide range of training includes CBRNE disaster training for first responders and health workers, such as this group in Dnipro.

#### Between February and June, the Training team:

- conducted 78 training courses in Dnipro, Odesa and Vinnytsia for 1,400 healthcare professionals, as part of the trauma management project conducted in partnership with the Harvard Humanitarian Initiative (HHI);
- provided training led by a Ukrainian team of instructors, with observation by HHI volunteers;
- reached doctors, nurses, paramedics and other medical workers from medical universities, colleges and hospitals in Dnipropetrovska, Kharkivska, Khersonska, Mykolaivska, Odeska and Vinnytska oblasts;
- covered such topics as "Advanced Trauma Life Support,"
   "Pre-Hospital Trauma Fundamentals," "Pediatrics Trauma
   Fundamentals," "Trauma Nursing Fundamentals," "Chemical,
   Biological, Radiological, Nuclear and Explosive (CBRNE)"
   and "Stop the Bleed" (StB) courses; and
- distributed 241 StB kits to course participants, and donated StB instructor kit to local emergency response partners in Kryvyi Rih.

# Water, Sanitation and Hygiene (WASH)



The WASH team operates a mobile water-treatment unit in Khersonska oblast, where the destruction of the Kakhovka dam last year has contributed to the serious shortage of drinking water there.

#### Between February and June, the WASH team:

- reached 6,859 people by distributing 19,472 bottles of water to IDPs and other war-affected people;
- distributed 1,092 hygiene kits that benefitted 2,295 people;
- distributed 153 sets of WASH IPC kits to 65 HFs;
- reached 1,307 households (501in Kryvyi Rih, 345 in Pokrovsk and 461 in Zaporizhzhia) through the Cash for Hygiene program;
- procured and deployed five mobile water-treatment units for emergency water supply;
- completed minor rehabilitation works at 16 HFs, and major rehabilitation works, including bomb shelters, in three HFs;
- completed rehabilitation designs for four additional HFs; and
- co-led the WASH Cluster in the south and participated in technical working groups (TWGs) for transitioning from water trucking to more sustainable solutions.

# Mental Health and Psychosocial Support (MHPSS)



An International Medical Corps MPHSS team leads a training-of-trainers session for Ukrainian National Police psychologists in Kyiv.

#### Between February and June, the MHPSS team:

- continued to co-chair the world's largest MHPSS TWG, with over 300 participants in Ukraine;
- gathered data from 124 organizations to enhance accessibility and coordination;
- conducted, with the UN's Inter-Agency Standing Committee, analysis that revealed opportunities to dispel misconceptions and improve infrastructure within MHPSS initiatives;
- conducted, with the WHO, a workshop on regional coordination, service accessibility and empowerment;
- moderated and participated in panels at MHPSS-related events;
- conducted a lessons learned workshop in Lviv for partners and stakeholders to analyze assistance provided from 2022–2024;
- conducted a training of trainers on the WHO mhGAP for psychiatrists, family doctors and psychologists;
- provided integrated MHPSS services for people in hard-to-reach areas across Donetska, Kharkivska and Mykolaivska oblasts;
- provided PSS in 10 oblasts and focused programs for Self-Help Plus (SH+), Positive Parenting and Active Longevity; and
- started implementation of the Mental Health Case Management approach in Kharkivska, Kyivska and Mykolaivska oblasts.

#### **Physical Rehabilitation**



Staff lead a rehabilitation session at the Mykolaiv Regional Center for Mental Health with equipment provided by International Medical Corps.

The war has led to a dramatic increase in physical rehabilitation needs while limiting access to resources. To improve access to quality physical rehabilitation services, International Medical Corps works with the Ministry of Health and the Ukrainian Association of Physical Therapy. We equip HFs with essential physical rehabilitation equipment, develop and disseminate evidence-based guidelines tailored to the Ukrainian context, train medical staff and help make HFs disability-friendly.

So far, our Physical Rehabilitation team has:

- supported seven HFs—four in Kyiv and Kyivska oblast, and one each in Dnipropetrovska, Mykolaivska and Zaporizka oblasts;
- trained 35 physical rehabilitation staff on conducting early physical rehabilitation and patient-assessment protocols and using supplied equipment to enhance services;
- enabled 1,287 people to receive enhanced rehabilitation services;
- given a presentation at the "ReBuild Ukraine" conference in Warsaw in June—meeting there with representatives of seven oblasts seeking support in providing rehabilitation services; and
- donated mobility devices to social service centers, including in Kyivska oblast.

#### **Nutrition**



International Medical Corps' Nutrition programs include infant and young-child feeding interventions and mother-baby spaces, like this one in Irpin.

#### Between February and June, the Nutrition team:

- continued IYCF interventions in Ivano-Frankivska, Khersonska, Kyivska, Lvivska, Odeska and Vinnytska oblasts;
- reached 8,001 children under 5 with nutrition-specific interventions—including providing IYCF education through parents and caregivers, and diapers and baby kits to mothers with children aged 0–3 months;
- provided 966 food kits for children 6–23 months old, and 7,298 packages of diapers and 244 baby clothing kits for children aged 0–3 months to new parents and pregnant women;
- reached 1,254 pregnant women through individual and group sessions at mother-baby spaces (MBS) and maternity clinics;
- reached 6,223 parents and caregivers with behavior change interventions to improve IYCF practices during individual counseling and 538 IYCF group sessions in five MBSs, HFs and community sites—with group-session themes including maternal nutrition, postpartum and breastfeeding;
- trained 208 healthcare workers on IYCF-E; and
- carried out an IYCF-E training needs-assessment among healthcare workers in June—showing the need for more capacity building on IYCF in emergencies.

# Gender-Based Violence (GBV)



The GBV team in Kharkiv prepares to support civilians forced to flee the latest Russian offensive in the oblast, which started in May.

#### Between February and June, the GBV team:

- continued to provide prevention and response services directly and through local women's rights organizations;
- provided comprehensive GBV response services at International Medical Corps' three women's and girls' safe spaces (WGSS) including case management, psychosocial support and the distribution of dignity kits for more than 10,000 individuals—and supported our partners in providing these services at their own seven WGSS across Ukraine;
- conducted safety audits in 40 HFs across the country, mainly near the frontlines and in newly liberated areas;
- conducted training on GBV core concepts, targeting GBV and non-GBV service providers—especially at partner HFs focusing on such topics as working with survivors, handling disclosures and safe referrals, and improving the quality of the service survivors receive: and
- convened 54 GBV field colleagues and partners in June for a workshop on capacity sharing, covering including best practices and ways forward, case management and WGSS programming.

#### Multi-Purpose Cash Assistance (MPCA)



MPCA is one of the ways that International Medical Corps reaches the most vulnerable Ukrainians.

International Medical Corps' MPCA team provides registration and other technical assistance to beneficiaries, helping them to overcome their limited access to technology and connectivity. It uses *RedRose* to conduct cash transfers to individual bank accounts and mobile bank applications to enable cash withdrawals from local banks and post offices.

Between February and June, the MPCA team registered 60 people in Donetska oblast, two people in Zaporizka oblast and 2,196 people in Vinnytska oblast.

Separately, the Cash for Hygiene program was operated through the WASH team, as previously described.

# **Localization and Partnerships**



Through a combination of rehabilitation and counseling, our partner Superhumans helps Ukrainians injured in the war to reintegrate into society.

International Medical Corps is committed to fostering localized relief and building local capacity for long-term resilience. To help achieve this, the Partnerships team:

- works with 10 local partners to implement MHPSS, GBV and livelihoods programming countrywide;
- offers support for war-injured individuals, including prosthesis assistance, physical rehabilitation, MHPSS and social reintegration;
- provides tailored technical support and ongoing capacitystrengthening to ensure that our partners are well-equipped to respond to current and future crises;
- works closely with local authorities and communities, with 38 memorandums of understanding signed with government entities, academic institutions and NGOs across 10 oblasts;
- partners with the First Lady's national mental health initiative;
   and
- provides training to medical schools, in collaboration with the Harvard Health Initiative and American College of Surgeons, to enhance students' skills in trauma and mass-casualty management, and has so far certified 385 instructors.

### OUR RESPONSE: POLAND

# Mental Health and Psychosocial Support (MHPSS)



International Medical Corps conducts Self-Help Plus training in Warsaw for Ukrainians living in Poland and who are active in providing MHPSS there.

#### Between February and June, the Poland team:

- continued supporting war-affected and vulnerable Ukrainians displaced in Poland;
- provided more than 2,700 consultations to people with disabilities and distributed 121 assistive devices to them:
- engaged 93 children in educational and recreational activities;
- distributed 187 vouchers to acutely vulnerable refugees;
- provided 496 beneficiaries with SH+ sessions;
- provided 329 beneficiaries with Problem Management Plus (PM+) sessions;
- supervised and guided helpers/facilitators during supervisions, providing 136 hours of supervision for PM+ and 54 hours of supervision for SH+;
- helped 805 Ukrainian Roma refugees to access government services, particularly health services;
- supported 1,000 Ukrainian Roma refugees via a hotline providing financial support, voucher distribution, livelihood services, psychological support and access to governmental services such as hospitals and temporary protection; and
- trained 160 Ukrainian Roma in self-advocacy for Roma rights.

#### **OUR RESPONSE IN NUMBERS (UKRAINE)**

HEALTH	MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT (MHPSS)
470 health facilities provided with medicines, medical equipment and supplies	19,197 MHPSS individual consultations <i>provided</i> (12,441 women, 6,756 men)
9,359 people trained in health-related topics (2,181 women, 7,178 men)	<b>4,638</b> beneficiaries trained in MHPSS-related topics (4,026 women, 612 men)
3,759,071 outpatient health consultations delivered by supported facilities (2,192,811 women, 1,566,260 men)	67,037 beneficiaries reached through MHPSS sessions (49,809 women, 17,228 men)
WATER, SANITATION AND HYGIENE (WASH)	NUTRITION
1,805,501 liters of potable drinking water to 50+ targeted communities in	647 health workers trained on IYCF-E
Donetska, Kharkivska, Khersonska and Mykolaivska oblasts.	8,259 pregnant women provided with maternal nutrition
74,065 hygiene kits distributed	and IYCF counseling and support
71 damaged HFs rehabilitated	44,220 children under 5 provided with IYCF support
GENDER-BASED VIOLENCE (GBV)	MULTI-PURPOSE CASH ASSISTANCE (MPCA)
68,133 people reached through GBV interventions (61,576 women, 6,557 men)	25,263 people reached with cash assistance
<b>4,040</b> people trained in GBV-related topics (3,580 women, 460 men)	