

TWO-YEAR UPDATE

# UKRAINE CRISIS RESPONSE



## EMERGENCY OVERVIEW

# WAR IN UKRAINE

On February 24, 2022, Russia invaded Ukraine, igniting a humanitarian crisis across the region.

Now, two years after the conflict began:



There are **30,000 recorded civilian casualties**, with **10,382 killed** and **19,659 injured**



Some **6 million refugees** have fled Ukraine and another **3.67 million** are displaced within the country



An estimated **17.6 million people**—more than 40% of Ukraine's population—require urgent humanitarian assistance



Approximately **1,552 attacks on health infrastructure**—including hospitals, ambulances and health facilities



Indiscriminate attacks on critical civilian infrastructure before and during winter, exacerbating the humanitarian crisis by leaving **millions at increased risk** due to extreme temperatures



## EMERGENCY OVERVIEW

# OUR IMPACT

We have provided

**9.7 million people**

in Ukraine, Poland and Moldova  
with critically needed supplies and  
health services



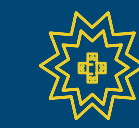
Supported **382 health facilities** and **24 centers** for refugees and internally displaced persons (IDPs)



Delivered **630 tons** of medicines and medical supplies, including antibiotics and medicines for pediatric patients, noncommunicable diseases, surgery and trauma



Procured and distributed more than **30,000 kits** covering health, hygiene, gender-based violence (GBV) and nutrition



Rehabilitated **57 damaged health facilities**



Trained **18,159 first responders** on topics including psychological first aid (PFA), psychosocial support services, trauma care and preparedness, maternal and child nutrition, and GBV prevention and response



Conducted **2,826,558 outpatient health consultations**



Conducted **18,551 mental health and psychosocial support (MHPSS) consultations**



Delivered **580,407 meals** to people in newly liberated communities



Distributed **9,470,027** non-food items to conflict-affected and newly liberated communities



Reached **20,994 people** with targeted cash assistance




## EMERGENCY OVERVIEW

# OUR APPROACH

Ensuring continuity of health services—for both displaced and host communities—across Ukraine based on needs, access and security; and supporting refugees by enhancing the capacity of local service providers in Poland

### IN UKRAINE

Activities have focused on restoring and maintaining access to health-related services for the most vulnerable

-  **ACCESSIBLE AREAS:** Prioritizing comprehensive, integrated health and physical rehabilitation programs, with a focus on the immediate needs of recently liberated communities and health facilities; the recovery of water, sanitation and hygiene (WASH) services; and training for health personnel to manage any surges in trauma cases
-  **ACTIVE CONFLICT ZONES:** Prioritizing the distribution of essential medicines, medical equipment and supplies to frontline health centers, as well as food, water and other non-food items to affected communities; and providing MHPSS services
-  **AREAS WITH HIGH RISK OF ESCALATION:** Prioritizing comprehensive, integrated programs that provide timely training opportunities for health workers and strengthen the preparedness and resiliency of health facilities

### IN POLAND

Activities have focused on providing integrated programs that address the health, MHPSS, protection and WASH needs of Ukrainian refugees, third-country nationals and persons with disabilities (PwDs)



Our 17 partnerships with local NGOs demonstrate our commitment to localization, capacity strengthening and sustainable interventions.

## EMERGENCY OVERVIEW

# UKRAINE

International Medical Corps is providing context-specific programming throughout Ukraine based on identified needs and access, which depend on the overarching security situation

### NORTHERN REGION:

ACCESSIBLE / POST-CONFLICT

#### REGIONAL HUBS

- A Chernihiv
- B Kharkiv
- C Kyiv
- D Poltava
- E Sumy
- F Vinnytsia
- G Zhytomyr

### EASTERN REGION:

ACTIVE CONFLICT

#### REGIONAL HUBS

- H Dnipro
- I Donetsk
- J Kherson
- K Zaporizhzhia

### SOUTHERN REGION:

HIGH RISK OF CONFLICT ESCALATION

#### REGIONAL HUBS

- L Mykolaiv
- M Odesa

### WESTERN REGION:

ACCESSIBLE / NO ACTIVE CONFLICT

#### REGIONAL HUBS

- N Ivano-Frankiv
- O Lviv
- P Stryi
- Q Ternopil



#### Active conflict

The security situation is highly fluid, and oblasts may experience intermittent or renewed conflict, so International Medical Corps adapts programming as necessary, based on needs and access



INTERNATIONAL MEDICAL CORPS

# RESPONDS



**Health Services & Health Facility Rehabilitation**

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**Trauma Care Response Training**

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**Mental Health & Psychosocial Support**

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**Gender-Based Violence & Protection**

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**Water, Sanitation & Hygiene**

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**Nutrition & Food Security**

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**Cash & Essential Items**





## INTERNATIONAL MEDICAL CORPS RESPONDS

# HEALTH

IN UKRAINE



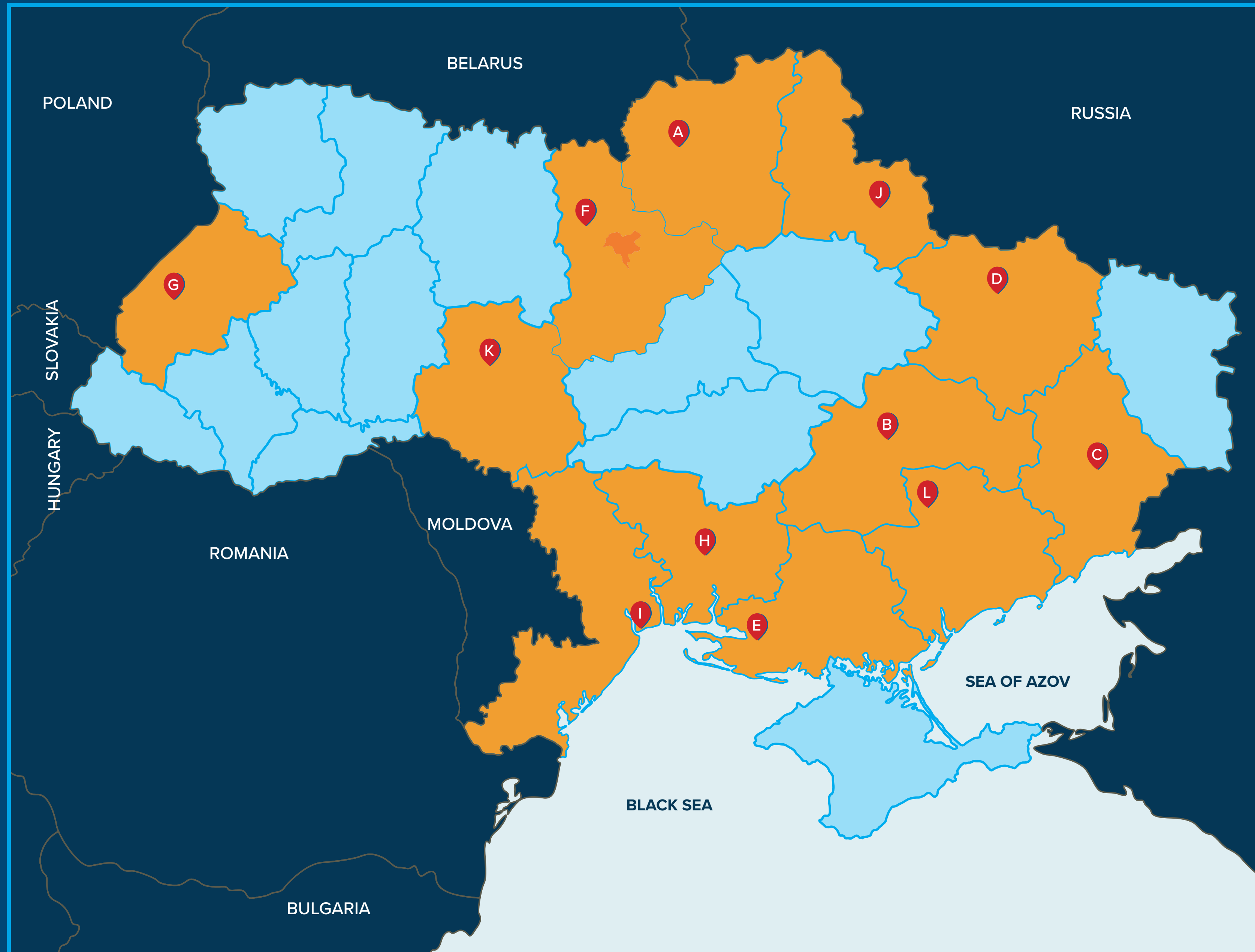
### HEALTH SERVICES

- |             |                |
|-------------|----------------|
| A CHERNIHIV | H MYKOLAIV     |
| B DNIPRO    | I ODESA        |
| C DONETSK   | J SUMY         |
| D KHARKIV   | K VINNYTSIA    |
| E KHERSON   | L ZAPORIZHZHIA |
| F KYIV      |                |



### HEALTH FACILITY REHABILITATION

- |             |                |
|-------------|----------------|
| A CHERNIHIV | G LVIV         |
| B DNIPRO    | H MYKOLAIV     |
| C DONETSK   | I ODESA        |
| D KHARKIV   | J SUMY         |
| E KHERSON   | L ZAPORIZHZHIA |
| F KYIV      |                |



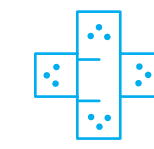


### UKRAINE HEALTH

Health needs across the country remain high, particularly in conflict-affected and recently liberated areas that have experienced significant levels of devastation and where residents have been without access to health services during months-long periods of occupation by Russian forces

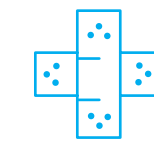


### In response, we have:

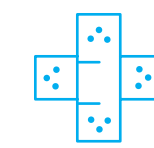


Reached approximately 2.7 million people through supported health services:

- ▶ Provided more than 2,826,558 outpatient health consultations through 192 supported health facilities in Chernihiv, Dnipro, Donetsk, Kharkiv, Kherson, Kyiv, Mykolaiv, Odesa, Sumy and Zaporizka oblasts
- ▶ Supported access to 42,533 laboratory tests at 29 health facilities in Kharkiv and Kyiv, reaching more than 42,000 people
- ▶ Provided treatment to 863 chronically ill patients in remote villages of Kharkiv through mobile services

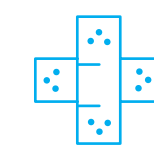


Procured and distributed 1,372,504 items of essential medicines, medical equipment and supplies, and personal protective equipment to 372 health facilities across 24 oblasts



Restored access to health services by providing:

- ▶ 14 ambulances donated or repaired for the Donetsk EMS and for health facilities in Chernihiv, Kharkiv, Kherson, Kyiv and Mykolaiv oblasts, supporting patient referrals for higher levels of care
- ▶ Seven EMS vehicles and one ambulance with advanced life support functions for newborns at the Chernihiv Regional Pediatric Hospital
- ▶ 259 bicycles to 26 healthcare providers in Chernihiv oblast, enabling providers to travel to remote health facilities and conduct house calls
- ▶ 1,738 healthcare providers with comprehensive training on a variety of topics to improve clinical knowledge and skills
- ▶ Work with the Ministry of Health and strategic facilities to assess and support the growing need for physical therapy and rehabilitation, including equipment and training for health workers



Supported 3,030 medical evacuations to hospitals in Dnipro oblast for patients severely injured on the frontlines





UKRAINE

# HEALTH FACILITY REHABILITATION

Health access has been particularly challenging where health facilities have been damaged or destroyed



AFTER ▶

▼ BEFORE



## In response, we have:



Supported 57 damaged health facilities across Chernihiv, Dnipro, Donetsk, Kharkiv, Kherson, Kyiv, Lviv, Mykolaiv, Odesa, Sumy and Zaporizhia oblasts with minor and major rehabilitation activities, including:

- ▶ **Bunkerization:** rehabilitating and outfitting old basements and bunkers to support the delivery of inpatient healthcare services, including intensive care, enabling health facilities to continue delivering lifesaving care during air-raid alerts
- ▶ **Hardening:** installing blast doors, shatter-resistant film on windows and more, to provide health facilities in frontline locations with an extra level of safety in the event of a direct or nearby attack
- ▶ **General rehabilitation:** repairing roofs and replacing doors and windows damaged by shelling, enabling health facilities to restore their operational capacity and protect health workers and patients from harsh winter conditions
- ▶ **Accessibility:** upgrading structures following principles of inclusiveness, including construction of wheelchair ramps and installation of supportive toilet accessories
- ▶ **Winterization:** the lack of reliable power due to indiscriminate Russian bomb, drone and missile attacks has made it more difficult for health facilities already struggling to meet the increased needs of conflict-affected communities, forcing them to operate in the dark, rely on generators and flashlights to provide routine and emergency health services; in response we have:
  - ▶ Procured and installed 118 generators to support consistent power supply for 100 health facilities in Chernihiv, Donetsk, Kharkiv, Kyiv, Lviv and Vinnytsia oblasts
  - ▶ Procured and installed 489 heating systems at 40 health facilities in Kyiv, Mykolaiv, Odesa, Vinnytsia and Zaporizhzhia



Restored health access to more than 2 million people by delivering mobile health services in Kharkiv after the main health facilities there were heavily damaged; nearly 14,000 people have received care in our field hospital since it became operational in November 2022



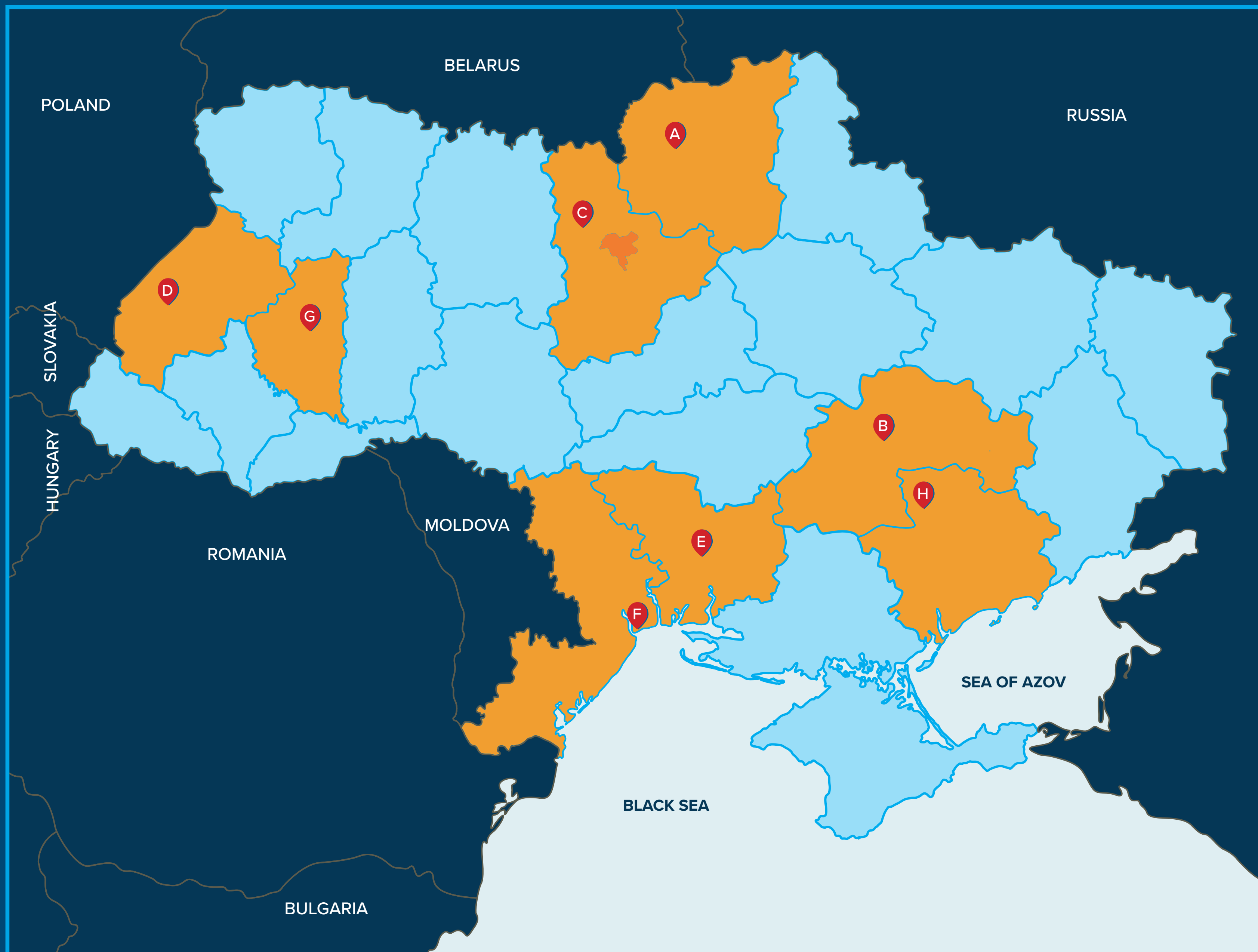
INTERNATIONAL MEDICAL  
CORPS RESPONDS

# TRAUMA CARE RESPONSE TRAINING

IN UKRAINE



- A CHERNIHIV
- B DNIPRO
- C KYIV
- D LVIV
- E MYKOLAIV
- F ODESA
- G TERNOPIL
- H ZAPORIZHZHIA





UKRAINE

# TRAUMA CARE RESPONSE TRAINING

In partnership with the Harvard Humanitarian Initiative, International Medical Corps developed a comprehensive trauma care and preparedness training program designed for health workers and first responders in Ukraine and throughout the region



**Advanced Trauma Life Support Fundamentals:** provides protocols and skills for a systematic and team-based approach to the care of trauma patients in the emergency department



**Trauma Nursing Fundamentals:** provides the skills and knowledge for nurses to deliver lifesaving care to adult and pediatric trauma patients



**Pre-Hospital Trauma Fundamentals:** enhances the knowledge and skills needed by pre-hospital providers to stabilize trauma patients, ensuring high-quality transition of care



**Stop the Bleed®:** gives people without medical training the skills and confidence necessary to provide immediate assistance before professionals have arrived



**Mass Casualty Management:** covers logistical and other relevant considerations of health facilities in the creation of an effective mass casualty plan



**Chemical, Biological, Radiological, Nuclear and Explosives (CBRNE):** teaches the knowledge and skills to care for victims of CBRNE attacks in pre-hospital and hospital settings

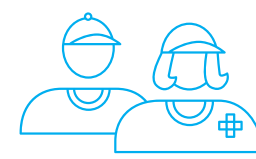


**Administrative Guidance:** helps hospital and health system administrators support, incorporate and champion the above training programs



UKRAINE

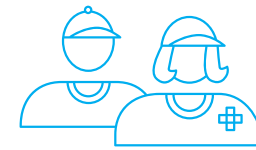
# TRAUMA CARE RESPONSE TRAINING



## PHASE I

During Phase I, we deployed 91 doctors, nurses, paramedics and non-clinical specialists from our emergency response volunteer roster to train healthcare providers in Ukraine from August to October 2022

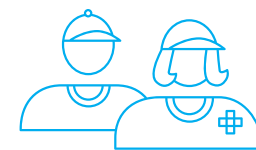
- ▶ Trained 2,046 healthcare professionals



## PHASE II

During Phase II, we deployed seven doctors and nurses from our emergency response volunteer roster, alongside new Ukrainian trainers from Phase I, to train additional healthcare providers in Ukraine from November 2022 to April 2023

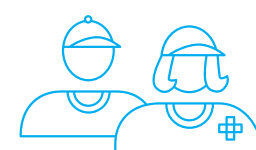
- ▶ Trained 2,494 healthcare professionals



## PHASE III

During Phase III, we deployed 18 doctors and nurses from our emergency response volunteer roster, alongside 50 Ukrainian master trainers and 120 course instructors, in partnership with five Ukrainian medical schools, to train healthcare workers through December 2023

- ▶ Trained 1,626 healthcare professionals



## PHASE IV

Phase IV will integrate the seven-course training program into the Ukrainian healthcare system by transferring ownership of the curriculum to Ukrainian universities and medical schools



**INTERNATIONAL MEDICAL  
CORPS RESPONDS**

# **MENTAL HEALTH & PSYCHOSOCIAL SUPPORT**

**IN UKRAINE**



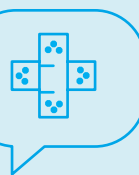
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- H** LVIV
- I** MYKOLAIV
- J** ODESA
- K** SUMY
- L** ZHYTOMYR





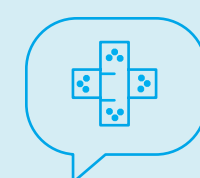
UKRAINE  
**MENTAL HEALTH &  
PSYCHOSOCIAL  
SUPPORT**

The World Health Organization estimates that one in five people affected by conflict will experience a mental health condition—applied to Ukraine, this would mean that 9.6 million people may now be struggling with mental health issues



The drivers of mental health needs vary by location. In conflict-affected and occupied or recently liberated areas:

- ▶ Residents are grappling with the destruction of homes due to shelling, forced displacement, family separations, loss of livelihoods, severe injury and deaths of loved ones
- ▶ The issue of possible collaboration with the Russians has strained and ruptured social cohesion
- ▶ Frontline health workers are severely exhausted and facing burnout



In safer areas, an influx of IDPs has put significant pressure on local resources



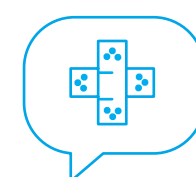


UKRAINE

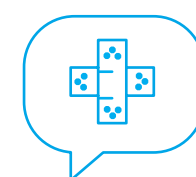
# MENTAL HEALTH & PSYCHOSOCIAL SUPPORT



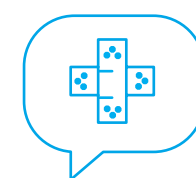
In response, we have provided the following MHPSS-related services:



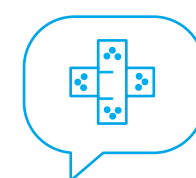
73,094 people reached in conflict-affected, occupied or recently liberated areas with MHPSS services, such as PFA, individual counselling and emotional support—with a special focus on vulnerable groups such as older people and PwDs



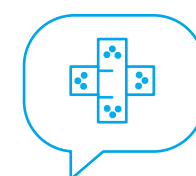
5,614 health and other frontline workers trained on topics designed to cultivate positive coping skills and resilience, such as mhGAP, PFA, Self Help Plus (SH+) and more



More than 4,000 IDPs and host community members reached in Kharkiv, Kyiv, Lviv, Odesa and Zhytomir oblasts through group support sessions designed to ease transitions and facilitate integration



4,459 people reached through youth well-being group activities in the communities listed above



These activities and more have involved collaboration with 11 local organizations



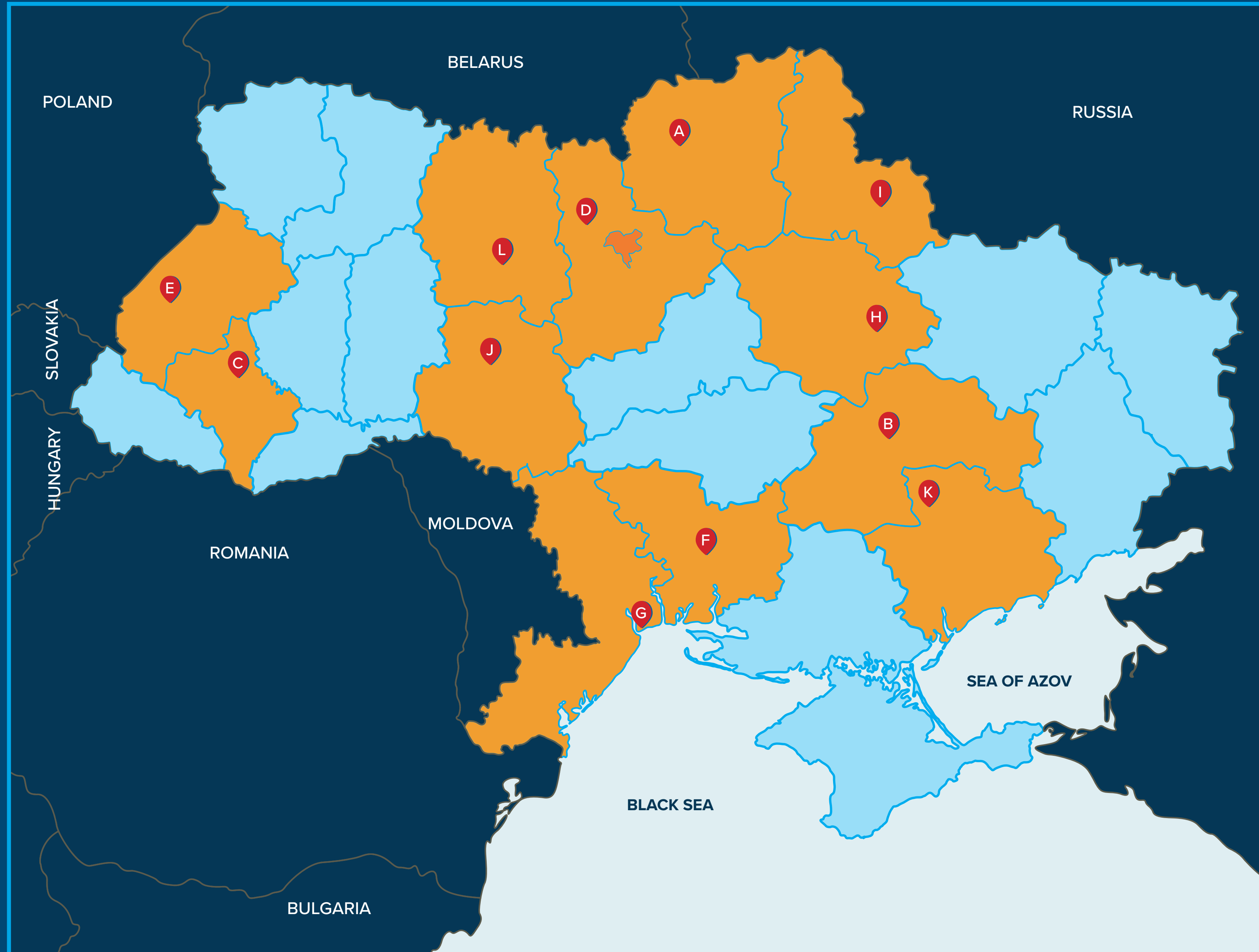
INTERNATIONAL MEDICAL  
CORPS RESPONDS

# GENDER-BASED VIOLENCE & PROTECTION

IN UKRAINE



- A CHERNIV
- B DNIPRO
- C IVANO-FRAKIVSK
- D KYIV
- E LVIV
- F MYKOLAIV
- G ODESA
- H POLTOVA
- I SUMY
- J VINNYTSIA
- K ZAPORIZHZHIA
- L ZYTOMYR







UKRAINE

# GENDER-BASED VIOLENCE & PROTECTION

The war has exacerbated existing and created new GBV and protection needs for women, girls, PwDs, ethnic minorities and diverse gender identities



### In response, we have:



Reached 19,431 people through GBV awareness-raising sessions and recreational psychosocial support activities



Established nine women's and girls' safe spaces in Dnipro, Kyiv, Kharkiv, Lviv, Odesa, Poltava and Zaporizhzhia oblasts



Conducted multiple workshops and roundtables to map GBV and protection-related services to support referrals, and to train local NGOs on such topics as GBV prevention and response:

- ▶ Trained 3,671 people on GBV core concepts, including its causes and consequences
- ▶ Trained women's rights organizations (WROs) on GBV case management guidelines
- ▶ Launched a Women's Fund and partnered with nine WROs across Ukraine, providing lifesaving programming to women and girls affected by the conflict



Worked with international, national and local authorities to coordinate protection and GBV activities being implemented by humanitarian actors across the country, to ensure the protection of vulnerable groups



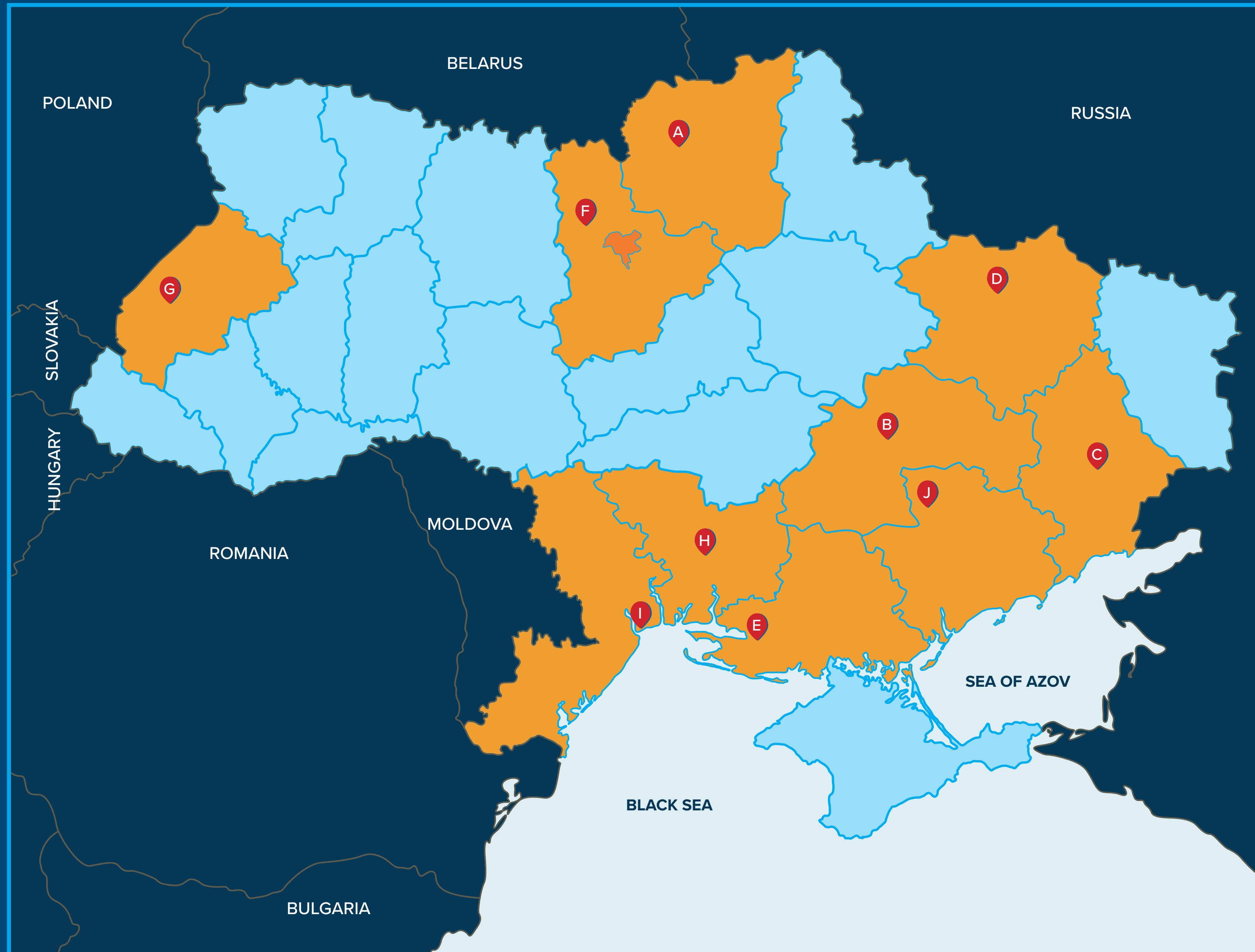
INTERNATIONAL MEDICAL  
CORPS RESPONDS

# WATER, SANITATION & HYGIENE

IN UKRAINE



- A CHERNIHIV
- B DNIPRO
- C DONETSK
- D KHARKIV
- E KHERSON
- F KYIV
- G LVIV
- H MYKOLAIV
- I ODESA
- J ZAPORIZHIA





UKRAINE

# WATER, SANITATION & HYGIENE

Indiscriminate shelling has destroyed or severely damaged key water and sanitation systems throughout Ukraine, increasing the potential for outbreaks of disease



### In response, we have:



Partnered with local authorities to rehabilitate WASH infrastructure at 57 health facilities and IDP centers in Chernihiv, Kharkiv, Kyiv and Odesa oblasts, including handrails and related fixtures to promote principles of accessibility



Drilled six boreholes and established water reserve systems at six health facilities to ensure consistent access to potable water



Rehabilitated public water systems in Chernihiv, Kharkiv, Lviv and Odesa oblasts



Supported local communities in Kharkiv and Kherson oblasts with rehabilitation of water treatment units and sanitation systems



Delivered 1,617,321 liters of potable water to 50+ communities in Dnipro, Donetsk, Kharkiv, Kherson, Mykolaiv and Odesa oblasts, where water systems have been damaged or destroyed and will take time to rehabilitate or rebuild



Distributed more than 89,000 hygiene kits and household cleaning kits to IDPs in temporary accommodation centers and recently liberated communities



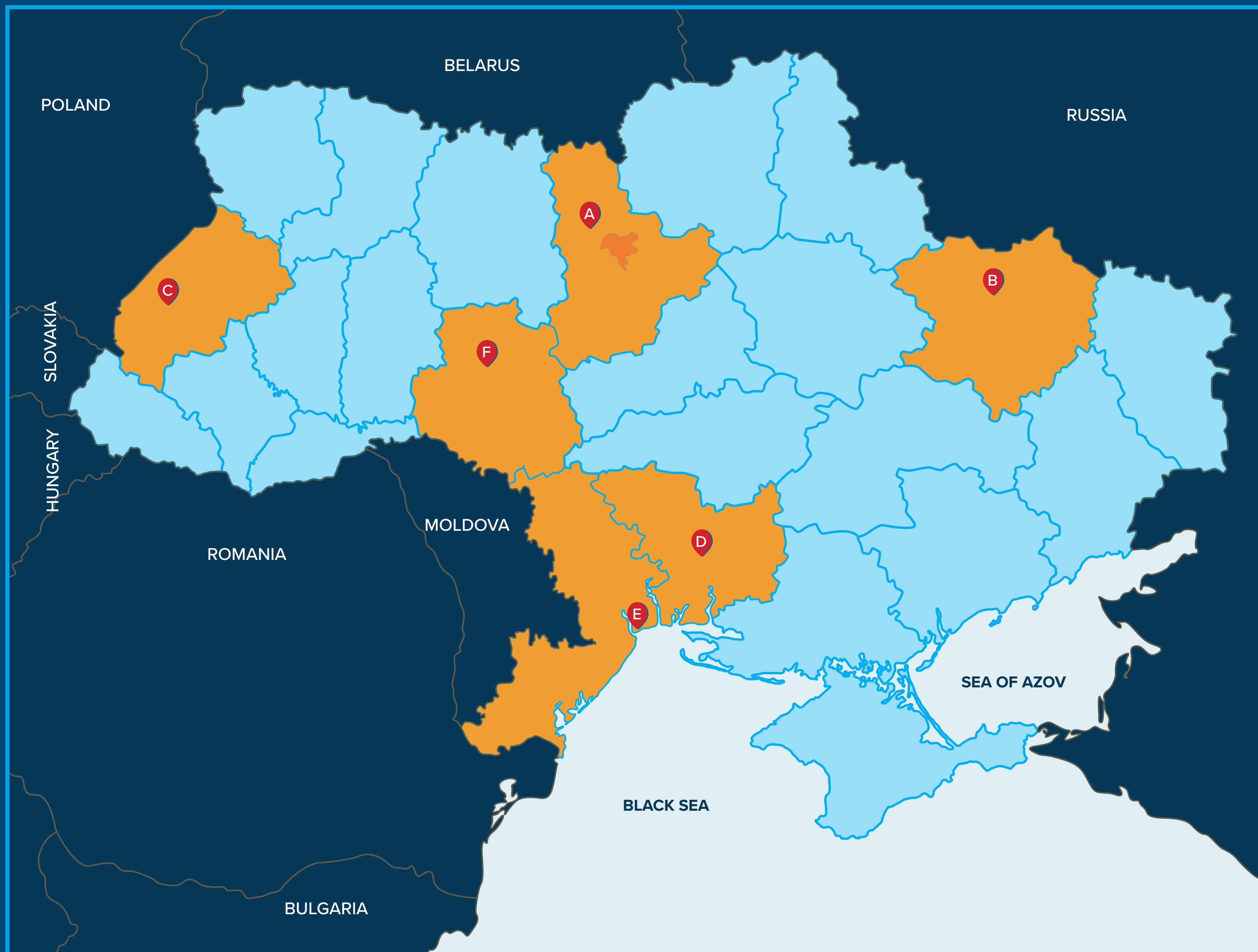
INTERNATIONAL MEDICAL  
CORPS RESPONDS

# NUTRITION & FOOD SECURITY

IN UKRAINE



- A KYIV
- B KHARKIV
- C LVIV
- D MYKOLAIV
- E ODESA
- F VINNYSTYA





UKRAINE

## NUTRITION & FOOD SECURITY

Nutrition is central to maintaining good health and is often an urgent need in frontline and recently liberated areas, where many lack consistent access to food and the means to prepare it



### In response, we have:



Established five mother-baby spaces in Kyiv, Lviv and Odesa oblasts to increase availability and access to emergency services and essential baby items (including diapers and food), and to promote maternal and child nutrition practices that improve child survival and promote healthy growth and development



Reached 29,257 people with education and information on the importance of infant and young-child feeding (IYCF) practices, through group sessions, radio and brochures



Provided 6,646 pregnant women with information, counseling and support on maternal nutrition and IYCF



Reached 39,490 children under five through their parents and caregivers with IYCF support, education and information



Trained 448 health workers on IYCF practices during emergencies, increasing knowledge and skills needed to adequately support parents and caregivers



Distributed 10,315 complementary foods and baby kits for children under two, and 300 food kits for adults—feeding 10,615 adults and children for one month



Delivered 580,407 hot meals to 68,703 people residing in recently liberated areas in and around Kharkiv



Provided food items—such as canned foods, pasta and coffee—to people in conflict zones and newly liberated areas



Served as co-leader of the Nutrition Technical Working Group under Ukraine's National Health Cluster



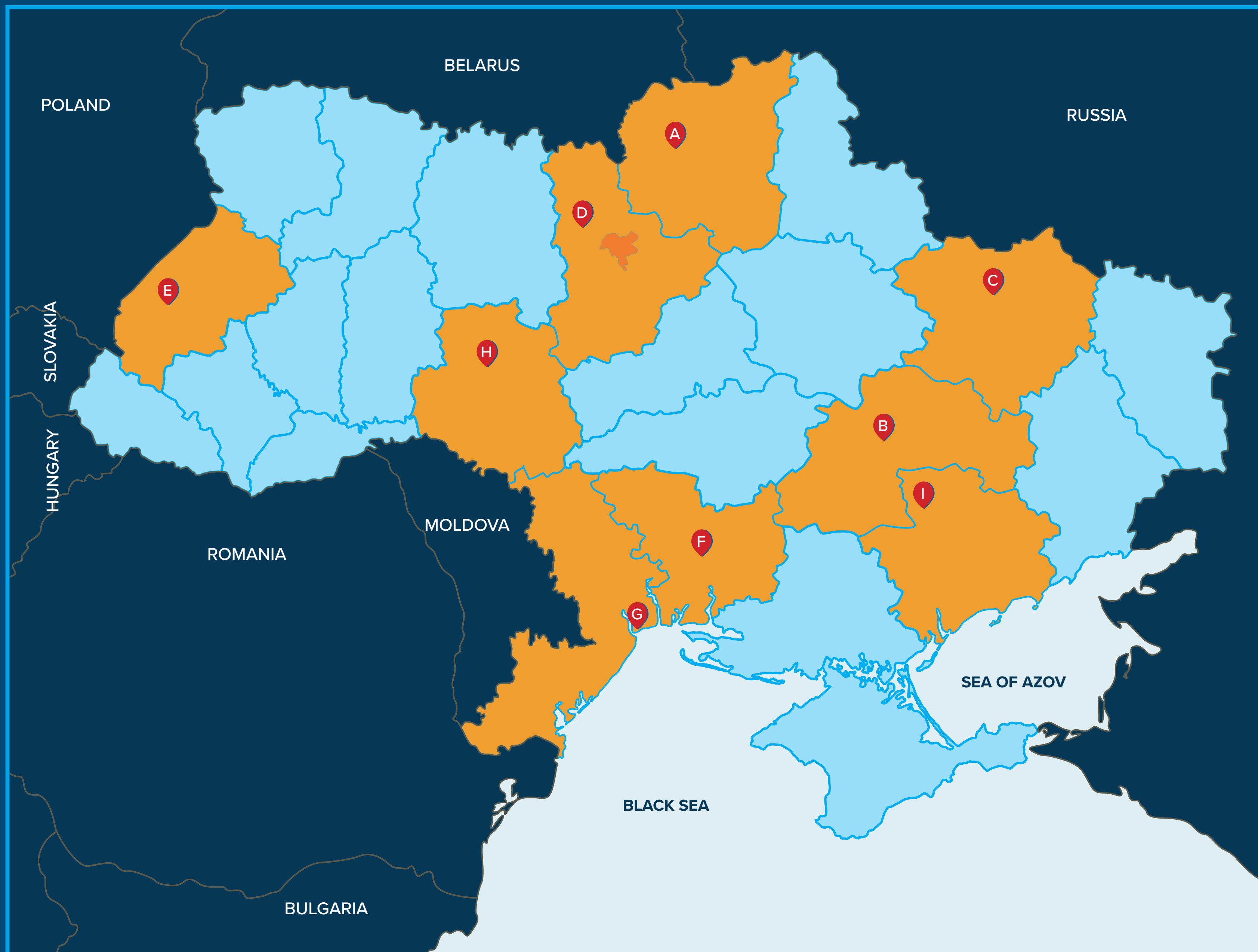
INTERNATIONAL MEDICAL  
CORPS RESPONDS

# CASH & ESSENTIAL ITEMS

IN UKRAINE



- A CHERNIHIV
- B DNIPRO
- C KHARKIV
- D KYIV
- E LVIV
- F MYKOLAIV
- G ODESA
- H VINNYTSIA
- I ZAPORIZHZHIA





UKRAINE

## CASH & ESSENTIAL ITEMS

Cash assistance, a critical form of support for communities impacted by conflict and disaster, can be mobilized quickly and provides recipients with the flexibility to work with local vendors that are convenient to their location and schedule

### In response, we have:



Provided 20,946 people with \$4.9 million in cash assistance across Chernihiv, Dnipro, Kharkiv, Kyiv, Lviv and Zaporizhzhia oblasts—with a special focus on vulnerable groups such as older people and PwDs



Registered 9,980 households—29,946 people—to receive cash assistance in the coming months



Distributed 9,470,027 non-food items, including blankets, solar lights and solid fuel in Dnipro, Donetsk, Kharkiv, Kherson, Mykolaiv and Odesa oblasts to support those affected by the harsh winter

All data as of December 31, 2023





## FROM THE FIELD

We have supported Izmail City Hospital—the largest hospital in the south of Odesa oblast—by donating 20 infusion machines, 10 patient beds and large stocks of medicines. The hospital, which provides comprehensive emergency obstetric and newborn care, supported a mother named Olga Khamaneva through complications that included eclampsia and the birth of premature—but healthy—twins.

“

*We thank International Medical Corps' team for supporting us in such a difficult time. The workload on our doctors has increased significantly, but we are able to provide timely treatment to patients like Olga Khamaneva because of the helpful equipment donated by your organization.”*

**SERHIY BAJAK**  
Hospital Director





## FROM THE FIELD

After International Medical Corps staff learned about the destruction at Bashtanka Multidisciplinary Hospital, they met with management to find out the hospital's needs. After assessing the situation, our team provided three blood donation chairs, in addition to a high-speed centrifuge and a refrigerator for storing blood samples. With this new equipment, the hospital can accommodate more donors to build up its blood supply.

“

*I am grateful to International Medical Corps for supporting the Bashtanka Multidisciplinary Hospital, which helped me receive timely treatment, saving my life.”*

**MARYNA LOZITSKAVA**  
*Blood transfusion patient*





## FROM THE FIELD

International Medical Corps has supported the Odesa Regional Center for Emergency Medical Care and Disaster Medicine since July 2022. After our team received a request from the center to repair six of its ambulances, we had the vehicles fixed at a local service center at no cost to the Regional Center.

“

*Thanks to International Medical Corps, all the ambulances that were damaged in road accidents are now repaired. These ambulances have since helped more than 370 households in the city of Odesa.”*

**HLIB OSTAPOVYSH**  
*Deputy Head of Ambulance Services*



## INTERNATIONAL MEDICAL CORPS RESPONDS

# POLAND



- A BUDOMIERZ
- B DOROHUSK
- C KATOWICE
- D KRAKOW
- E KORCZOWA
- F LUBLIN
- G RADOM
- H RZESZOW
- I TORUN
- J WARSAW
- K WROCLAW

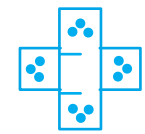




## POLAND

Providing health, mental health and protection services for refugees, as well as MHPSS / GBV capacity building and training for health workers and first responders

Reached 49,762 Ukrainian refugees with health-related services, protection, and mental health support



### HEALTH

- ▶ Reached 3,748 refugees with health-related services
- ▶ Reached 606 refugees with disabilities with physical rehabilitation services
- ▶ Provided 41,349 pieces of medical equipment and supplies to health facilities:
  - ▶ 27,749 pieces of equipment, including assistive devices to PwDs
  - ▶ 13,600 infection prevention and control items
- ▶ Provided 17 surge staff, including Ukrainian translators and Ukrainian-speaking medical staff, to support the influx of new patients





## POLAND

Providing health, mental health and protection services for refugees, as well as MHPSS / GBV capacity building and training for health workers and first responders



### MHPSS

- ▶ Trained 964 people, including staff of local NGOs, through training-of-trainers programs on PFA, SH+ and Problem Management Plus (PM+)
- ▶ Reached 2,960 people by working with local partners to provide mental health consultations and psychosocial support services at temporary accommodation centers, static sites and via hotline
- ▶ Offered online MHPSS service mapping to Ukrainians in Poland and European territories, to promote higher levels of care



### PROTECTION AND GBV

- ▶ Reached 1,007 women through our established safe spaces for women and girls, providing integrated GBV and MHPSS services, recreational activities, language courses and dignity kits, as well as referrals to other services, to support Ukrainian women and girls in Poland
- ▶ Provided mapping services for referrals to higher levels of care
- ▶ Trained 386 people on GBV prevention and response
- ▶ Reached 1,748 Roma refugees with protection services; provided information about access to education, healthcare services and governmental services





# MOVING FORWARD: UKRAINE

In 2024, International Medical Corps' strategy will focus on the health- and MHPSS-related needs of refugees and PwDs; priority activities will include:



Supporting Ministry of Health services and priorities, such as physical therapy and rehabilitation, in frontline and hard-to-reach areas



Rehabilitating damaged and destroyed health facilities—primarily in frontline and liberated areas—and providing temporary medical facilities in areas where rehabilitation may be delayed



Delivering trauma care training and train-the-trainer programs to additional health workers and first responders



Providing WASH-related infrastructure and solarization to restore access to safe water and proper sanitation, as many frontline communities have experienced significant levels of devastation



Increasing access to maternal, infant and young-child nutrition services for IDPs, returnees and host communities



Delivering cash-based assistance to further support the most vulnerable households



# MOVING FORWARD: POLAND

In 2024, International Medical Corps' strategy will remain focused on the health- and MHPSS-related needs of refugees and PwDs; priority activities include:

- ⚠️ Providing assistive devices, recreational activities, Polish language courses and vouchers to Ukrainian PwDs, including those recovering from conflict-related injuries
- ⚠️ Supporting vulnerable Roma refugees through services designed to facilitate access to education, health and other social services
- ⚠️ Providing PM+ and SH+ interventions to Ukrainian refugees, and conducting training on these subjects

# MEDIA HIGHLIGHTS



Dr. Joshua Rempell, an emergency medicine doctor and International Medical Corps volunteer, shares his experience training Ukrainians in trauma and mass casualty response.



Scott Pelley interviews Dr. John Roberts in Ukraine about how International Medical Corps is delivering vital healthcare supplies and services in the country.



Staff member Anastasiia Kravtsova describes her experience during the “Siege of Mariupol” and how International Medical Corps is helping Ukrainian refugees in Poland.



Country Director Matthew Stearns explains how International Medical Corps is ensuring continuity of healthcare, including mental health care, across Ukraine.



Senior Director of Global Communications, Todd Bernhardt describes the wide range of humanitarian assistance International Medical Corps has provided to millions of Ukrainians since the Russian invasion.



Dr. Michelle Engels, clinical psychologist, examines the mental health challenges Ukrainians face since the invasion, and how International Medical Corps is helping.

## HOW TO HELP LISTS

The New York Times



Los Angeles Times

THE CUT

FORTUNE

Forbes

marie claire



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# THANK YOU

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*International Medical Corps is  
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