



*A couple in Komarivka, a small, newly liberated village in Kharkiv oblast, prepare to carry home a hygiene kit provided by International Medical Corps.*

Ukraine continues to face waves of rocket, missile and drone attacks targeted on critical infrastructure throughout the country, leaving millions of people without electricity, water supply or heating. Cold weather arrived in November and, as temperatures continue to drop below zero, more and more people need help with basic needs, including winterization.

Fighting and active military operations continue in the east and south of the country, where, after successful counter-offensives, Ukrainian forces were able to move into Kherson, broadening the ability to cover humanitarian needs in these territories. However, the situation still remains tense: the conflict ravaging the east and south of the country continues to disrupt the ability of people to flee from conflict zones and impedes access to essential services for those who still live there.

### **International Medical Corps Response**

Despite ongoing security risks, International Medical Corps staff members are all safe and accounted for, and are continuing their work. Our country management and security teams are working closely together to continually assess and strengthen our robust security protocols, while continuing to monitor and respond to security developments since our [last situation report](#).

Following the Russian invasion in February 2022, International Medical Corps—which had been operating in Ukraine since 2014 in the southeast along the conflict’s original “line of contact,” providing medical and mental health services—expanded operations throughout the country. International Medical Corps currently has operational centers in Chernihiv, Dnipro, Kharkiv, Kyiv, Lviv, Odessa, Stryi and Vinnytsia.

Our response efforts throughout the country are tailored to each region’s needs. In regained and post-conflict zones in the northern part of the country, International Medical Corps has launched an integrated multi-sectoral response focusing on health, mental health and psychosocial support (MHPSS), protection, gender-based violence (GBV) prevention and treatment, nutrition, food security, non-food items (NFIs), multi-purpose cash assistance (MPCA), and water, sanitation and hygiene (WASH) services. We also are providing durable medical equipment and supplies, including vehicles, to health facilities to support the restoration and continuity of healthcare services.

### **FAST FACTS**

#### **Our Impact**

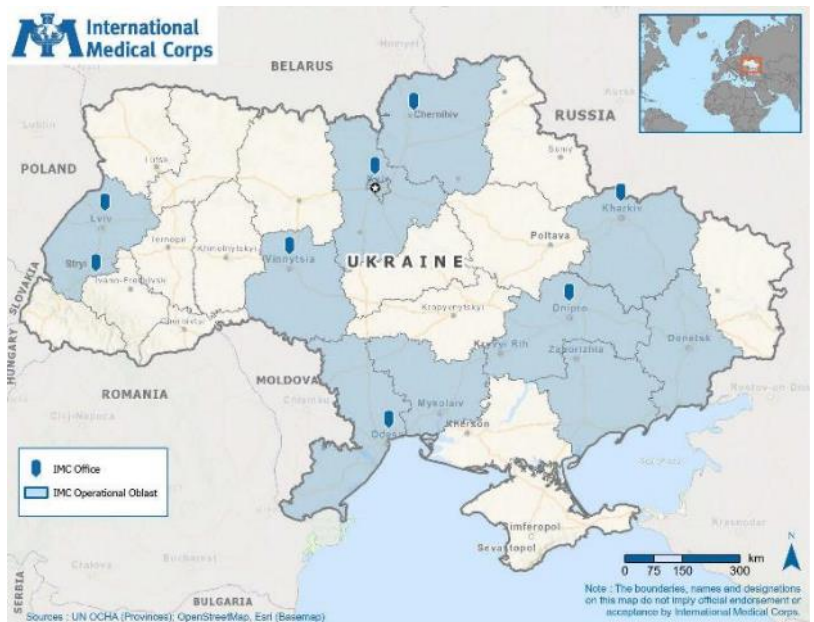
- 3.8 million people benefitting from improved access to health supplies and services
- 165 primary and secondary health centers supported
- 651,980 water, sanitation and hygiene (WASH) and non-food items (NFIs) distributed
- 535,728 outpatient health consultations delivered
- 2,527 individual mental health and psychosocial support (MHPSS) consultations delivered
- 17,664 people reached with infant and young-child feeding services
- 6,970 people reached with cash assistance

In active conflict zones in the eastern parts of the country, International Medical Corps has adopted a dynamic programming strategy focusing largely on critical lifesaving operations, which includes supporting frontline hospitals with essential medicines, medical equipment and supplies, and distributing food, NFIs and water to impacted communities.

In the southern part of the country, International Medical Corps focuses on the needs of internally displaced persons (IDPs), with an integrated approach that includes MHPSS, WASH, food and NFIs. We also are helping health facilities prepare for and become more resistant to potential attacks and mass-casualty events.

In the western part of the country, where IDPs are seeking refuge from fighting, International Medical Corps continues to deliver comprehensive, integrated programs to help IDPs directly, to reduce social tension between host communities and IDPs, and to promote overall social cohesion. We also are helping health facilities and shelters survive winter by providing repairs and heating supplies.

In Poland, International Medical Corps is focusing on the needs of Ukrainian refugees, providing both services and training in the areas of health, MHPSS and GBV.



*International Medical Corps has operational centers throughout Ukraine, providing services and supplies specific to each region's needs.*

## Ukraine

As described above, International Medical Corps is providing context-based programming in Ukraine, working closely with communities across the country to assess and respond to their needs.

### Health

In regions that have seen active conflict, primary healthcare service points have been damaged or destroyed, and there is limited access to pharmaceutical treatments and laboratory services. There also are concerns about disruptions to the water supply of hospitals, due to their reliance on municipal systems and the vulnerability of those systems to attack.

To help alleviate these needs, International Medical Corps is supporting primary healthcare centers by providing essential medicines, supplies, equipment, furniture, and IT equipment and training to enhance special clinical skills. In addition, we are supporting higher-level health facilities that provide services to tens of thousands of patients each month by providing medicines, medical materials and equipment, and generators to regional and city health authorities, as well as support for armed-conflict protection mechanisms for staff and patients in health facilities that are under attack or threat of attack. We also are financing laboratory services through a partnership with a private network of laboratories.

One example of our work supporting higher-level facilities can be found in Kharkiv, where we are working with the Regional Hospital to explore the possibility of extending telemedicine services to newly liberated rural areas around the city. During November, we also identified 16 local primary care facilities that we will support in the coming months.

In November, International Medical Corps staff conducted assessments in newly liberated areas of Mykolaiv and Kherson oblasts, and is working with the Ministry of Health to find ways to support some of the non-functional health facilities in these newly accessible areas through mobile medical units and other health interventions.

### Training

During November, International Medical Corps started the second phase of the training program it has been providing in partnership with the Harvard Humanitarian Initiative. In Kyiv oblast, we trained 86 people, including healthcare workers, community members and NGO staff, on basic first aid through the "Stop the Bleed" course. We also trained 134 health professionals in the Odesa and Kyiv regions on life support, point-of-care ultrasound, pharmaceutical supply-chain management, and infection prevention and control.

## Health Facilities Rehabilitation

The crisis in Ukraine has caused untold damage to civilian institutions, including health facilities, resulting in limited access to healthcare services, especially in newly liberated areas. As a part of our efforts to ensure continuity of healthcare throughout Ukraine, International Medical Corps is continuing its work to rebuild, repair and strengthen primary care and higher-level healthcare facilities. In Chernihiv, we have completed rehabilitation work at the Neuropsychological Hospital, and expect to complete construction of the concrete platform for installation of the CT scan unit at City Hospital #2 by the end of the year. Rehabilitation work at the District Hospital is 75% complete, and we are nearing completion of rehabilitation works at the temporary TB hospital.

In Kharkiv, we have installed protection units around the oxygen station, completed roof repairs at the Perinatal Clinic and are completing installation of protective panels at Polyclinic #11, the Perinatal Center and the Regional Blood Bank. At the regional Blood Bank, the thermal insulation works for the protection of the basement is almost complete.

## MHPSS

Our MHPSS teams continue to implement psychosocial support activities, training, group and individual consultations to support the mental health and well-being of conflict-affected people in Ukraine. Our teams are currently active in Chernihiv, Kharkiv, Kyiv, Lviv and Odesa oblasts. To provide support to newly accessible areas within Kharkiv oblast, as well as in Mykolaiv, the MHPSS team has deployed a roving team to provide psychological first aid, is recruiting a local team and is finalizing partnerships in the area.

In collaboration with the World Health Organization (WHO), in late October and early November International Medical Corps conducted two training-of-trainers courses in Kyiv on WHO's Mental Health Gap Action Programme (mhGAP), to increase the available number of mhGAP trainers who can help primary healthcare staff better identify and manage persons with common mental health conditions. Participants included 60 psychologists, psychiatrists, primary healthcare doctors and other mental health professionals, some of whom have already agreed to help International Medical Corps in expand mhGAP implementation across the country. We will provide follow-up supportive supervision to those trained, to ensure that they are able to apply their knowledge as trainers. The mhGAP trainings are a continuation of International Medical Corps' longstanding commitment to strengthening the integration of mental health within primary healthcare. This continued partnership resulted in a Memorandum of Cooperation just signed by International Medical Corps, WHO, the Ministry of Health and other key mental health actors in the country, helping to consolidate stakeholders' common commitment toward continued mhGAP training.

Due to the widespread attacks in Ukraine that have occurred since mid-October, the MHPSS team has worked to ensure that their services are available online and by phone when security doesn't allow staff to be deployed in the field.

## GBV

In November, International Medical Corps continued to implement GBV case management, psychosocial support and GBV awareness activities directly and through partner women's rights organizations (WROs) across Ukraine, focusing on increasing the capacity and understanding of GBV core concepts and promoting help-seeking behaviors among GBV survivors. Through participatory sessions that included group dialogues and workshops, we reached 3,201 people, including 2,819 women and 382 men.

International Medical Corps also is delivering a series of training sessions to local WRO partners, stakeholders and government staff, so far reaching 228 people in sessions covering GBV core concepts and setting up women's and girls' safe spaces. International Medical Corps also held a five-day-long GBV case management training course for local partners, reaching 31 people.



*International Medical Corps GBV and MEAL teams visit a site run by our partner, Convictus, in Verkhovyna.*

## Nutrition

During November, we continued to conduct infant and young-child feeding (IYCF) interventions in Stryi and Kyiv, reaching 17,664 people (1,960 directly and 15,704 indirectly). We carried out these activities at three mother-baby spaces as well as at the health facility level and community meeting points. International Medical Corps inaugurated a new mother-baby space in Odesa at the end of November.

In November, we reached a total of 962 children under 5 (476 girls and 486 boys) with nutrition-specific interventions, including nutrition services, complementary foods, and hygiene supplies, including diapers. We reached 196 pregnant women during individual and group sessions with information about maternal nutrition and IYCF.



*Nutrition staff conduct an IYCF group session in the maternity department of a hospital in Novyi Rozdil.*

In Kyiv and Stryi, our IYCF counsellors supported 27 health facilities, and provided informational sessions for 812 people (789 women and 23 men) to improve IYCF practices, covering the importance of breastfeeding and of introducing complementary food at the age of six months. In addition, we provided information materials through social media and radio broadcasts that reached 15,704 people (8,471 women and 7,230 men).

## **WASH**

In Kharkiv oblast, International Medical Corps installed a 1,000-liter capacity water-storage tank and two mobile chemical toilets with one handwashing station at the Izium nursing home, to provide access to water and increase water storage capacity for 40 elderly and homeless people, as well as for 38 staff. Additionally, we provided cleaning and disinfection supplies to the Oskil primary healthcare center in Izium.

International Medical Corps conducted training for the distribution of Water Survival Boxes—15-liter collapsible plastic water carriers that also contain a long-lasting water filter and pump—in Oskil, a village outside Izium, training a five-member distribution team in the operation and maintenance of the water boxes. The distribution team will train others on the use of the water filters to each person receiving the kits, to ensure their proper use and maintenance.

International Medical Corps distributed 14,812 1.5-liter bottles of water (totaling 22,218 liters of water) to more than 7,400 people in the newly liberated community of Lyman, in the northern part of Kherson oblast. In Mykolaiv, we distributed 13,608 1.5-liter bottles of water (20,408 liters of water) to more than 6,400 people in recently accessible villages.

As part of our emergency response strategy, International Medical Corps also has prepositioned bottled water and hygiene kits in Kharkiv and Odesa.

## **MPCA**

In November, International Medical Corps completed the largest single registration of beneficiaries since the start of our multi-purpose cash assistance program in March, processing almost 5,000 people for cash assistance in Zaporizhzhia in two weeks. The direct involvement of the Ministry of Social Protection in the event was essential, helping to create safe and efficient registration in a newly liberated area where security remained an issue.

International Medical Corps developed a FAQ sheet, which was handed out during the registration, that answered questions submitted during previous registration efforts. We also provided winter-related equipment and supplies for the staff and enumerators in the field, including portable lights, a 1,000-watt power bank, blankets, raincoats, water boiler, etc., enabling them to continue work when power is out and conditions are difficult.



*An International Medical Corps staff member registers a community member in our cash assistance program.*

## **Poland**

International Medical Corps team members in Poland are implementing projects in health and GBV in Warsaw and Krakow, and are currently working with four local partners, including a partner to cover the needs of marginalized groups, such as the Roma population in the country.

### **Health**

In November, International Medical Corps worked with a local partner to provide 233 remote health consultations through a hotline (via both telephone and the social-media app Telegram) and 97 physical rehabilitation consultations. The majority of the consultations focused on how to access existing physical rehabilitation services in Poland—revealing that a lack of information is one of the key barriers to refugees' access to available public services. We supported the distribution

of 107 assistive devices to people with disabilities and are working on distribution of 161 assistive devices to public institutions. Our partner Avalon distributed 200 hygiene kits to people with disabilities.

International Medical Corps continues to help Krakow's Children Hospital increase its capacity to provide medical care to Ukrainian children. The additional staff hired by the Children's Hospital as a result have supported 586 Ukrainian patients since the beginning of the project.

### GBV and Protection

International Medical Corps continues to implement a project with UNHCR that aims to strengthen interagency capacity for implementation of GBV prevention and response services among organizations, staff and volunteers in Poland, to increase the protective environment for Ukrainian refugees and ensure that quality response services are available to survivors of GBV. So far, International Medical Corps has trained 187 humanitarian workers about GBV core concepts, case management and basic response training, and has created a pocket guide for people to use.

We have so far provided GBV support to 344 people, while 254 people have participated in recreational activities in women's centers. Our safe space has distributed 1,320 hygiene kits.



Ukrainian women participate in an International Medical Corps-organized recreational activity at the Warsaw Women's Center.

OUR RESPONSE IN NUMBERS (UKRAINE)		
<b>3,826,286</b> beneficiaries reached with supplies, equipment and services		
Health		
<b>165</b> health facilities provided with medicines, medical equipment and supplies	<b>2,297</b> people trained in health-related topics (731 men, 1,566 women)	<b>535,728</b> outpatient health consultations delivered by supported facilities (223,902 men, 311,826 women)
Mental Health and Psychosocial Support (MHPSS)		
<b>2,527</b> MHPSS individual consultations provided (412 men, 2,115 women)	<b>2,785</b> people trained in MHPSS-related topics (249 men, 2,536 women)	<b>5,264</b> unique people reached through MHPSS sessions (1,160 men, 4,104 women)
Gender-Based Violence (GBV)		
<b>3,201</b> people reached through GBV interventions (382 men, 2,819 women)	<b>228</b> unique people trained in GBV-related topics (9 men, 219 women)	
Nutrition		
<b>110</b> unique people trained in nutrition-related topics (6 men, 104 women)	<b>1,049</b> children under 5 years reached with nutrition-specific interventions (533 boys, 516 girls)	
<b>488</b> pregnant women received nutrition-specific interventions	<b>910</b> people reached through behavior change interventions to improve IYCF practices (67 men, 843 women)	
Water, Sanitation and Hygiene (WASH)		
<b>40,954</b> liters of water distributed	<b>28,158</b> people received WASH assistance	
<b>6,659</b> NFI kits distributed	<b>34,102</b> people received NFI assistance	
Multi-Purpose Cash Assistance (MPCA)		
<b>6,970</b> people supported with cash assistance (2,648 men, 4,312 women)		