



**USAID**  
FROM THE AMERICAN PEOPLE



---

# GUIDELINES

for Remote MHPSS Programming  
in Humanitarian Settings

---

**Appendix I: A Consolidated  
List of All Resources Provided  
in the Guidelines**

This publication has been made possible by the generous support of the American people through the United States Agency for International Development (USAID). The contents are the responsibility of International Medical Corps and do not necessarily reflect the views of USAID or the United States government.

**International Medical Corps**

Address: 12400 Wilshire Blvd Suite 1500, Los Angeles, CA 90025

Website: [internationalmedicalcorps.org](http://internationalmedicalcorps.org)

For any questions about this publication, please contact Claire Whitney at [cwhitney@internationalmedicalcorps.org](mailto:cwhitney@internationalmedicalcorps.org).

© 2022 International Medical Corps

---

# Appendix I: A Consolidated List of All Resources Provided in the Guidelines

## Assessment

- [IASC Assessment Guide](#) (Refer to Section 4, Ethics and Principles for Using Mental Health and Psychosocial Support Assessment Tools)
- [WHO/UNHCR Assessing mental health and psychosocial needs and resources Toolkit for humanitarian settings](#) (For more information and advice on conducting 4Ws/service mapping, consult Tool 1, Page 30)
- [Remote Data Collection During the Time of COVID-19: Lessons from Rwanda](#)

## Contingency planning

- [IFRC Contingency Planning Guide](#)
- [Operational Considerations for Multisectoral Mental Health and Psychosocial Support Programmes During the COVID-19 Pandemic](#) (Refer to Sections 2.3 Considerations when Preparing Service Adaptations for COVID-19 Scenarios; and 2.6 Considerations for Remote Working in MHPSS)
- If it is not possible to continue provision of certain MHPSS services, please mitigate using [IMC \(2016\) Guidance Note: Disengagement/Exit strategies for the Discontinuation or Handover of Programming | Mental Health Innovation Network \(mhinnovation.net\)](#)

## Remote communication skills

- [IOM Internal Guideline for Remote MHPSS Working Modalities](#)  
(For tips on adjusting communication skills to remote delivery consult, pages 8-13)

## Resources related to recent public health emergencies

- [Mental Health and Psychosocial Support Network \(MHPSS.net\) MHPSS COVID-19 Toolkit](#)
- [Mental Health and Psychosocial Support in Ebola Virus Disease Outbreaks: A Guide for Public Health Programme Planners](#) (WHO)
- [Remote Psychological First Aid During COVID-19](#) (IFRC)
- [IASC Guidance on Operational Considerations for Multisectoral Mental Health and Psychosocial Support Programmes during the COVID-19 Pandemic](#)
- [IASC Basic Psychosocial Skills - A guide for COVID-19 Responders](#)

## Self-care and psychosocial well-being

- [WHO Doing What Matters in Times of Stress](#)

## Suicide, self-harm and other emergencies in remote service delivery

- [IFRC guideline on suicide and self-harm in relation to COVID-19](#)  
(For guidance on managing risk, refer to pages 25-29)
- [Suicide \(SUI\) module of the mhGAP-HIG](#)
- [Epilepsy/Seizures \(EPY\) Module of mhGAP-HIG](#)

## Training and supervision

- [IFRC guide on Supportive Supervision during COVID-19](#)  
(For special consideration for remote supervision refer to page 10)
- [IFRC guidance on Online Facilitation in Mental Health and Psychosocial Support](#) (for guidance on facilitating remote training to enhance the learning outcomes for participants combining technical skill with social-emotional learning)