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GUIDELINES

for Remote MHPSS Programming
in Humanitarian Settings

**Appendix D: Checklist:
Preparing for Remote MHPSS
Service Delivery**

This publication has been made possible by the generous support of the American people through the United States Agency for International Development (USAID). The contents are the responsibility of International Medical Corps and do not necessarily reflect the views of USAID or the United States government.

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Appendix D: Checklist: Preparing for Remote MHPSS Service Delivery

Planning

- Ensure client has consented to receive remote support
 - Ensure adapted consent form has been shared/read to client
 - Ensure there is documentation that consent was obtained
 - If consent was obtained in writing, with client's signature
 - If consent was obtained verbally, documented by MHPSS staff (date/time)
- Ensure there is an agreed upon date and time for the call, and who will initiate call
- Ensure there is an agreed upon method (e.g. voice call, video call)
- Ensure MHPSS staff and client have discussed the need for each to be in a private space during the time of the call, to ensure confidentiality

Contacting

- Ensure the call is being initiated at the agreed upon date/time, by the designated person who will initiate call
- Confirm the identity of the client on the call
- Confirm that the client is in a confidential space for the call
- If the client states there is no confidentiality, problem solve/brainstorm to identify an alternative space, time, or date for a call
- Conduct the session using as many of the same principles of care as possible
- When ending the call, confirm the date/time for the next session

Documenting

- Complete detailed notes of the session on the same day of the consultation, and if possible, directly after the contact, in a notebook specifically designated for client notes
- Ensure client's unique identification code is used, avoiding the name or other identifying information about the client, to protect confidentiality
- Client notes and other documentation should be stored in a safe location (e.g., locked cabinets and/or password-protected online database)